



TOSTOCK CHRONICLE



*Available on line in full colour from Village Website

352

www.tostock.pc.org

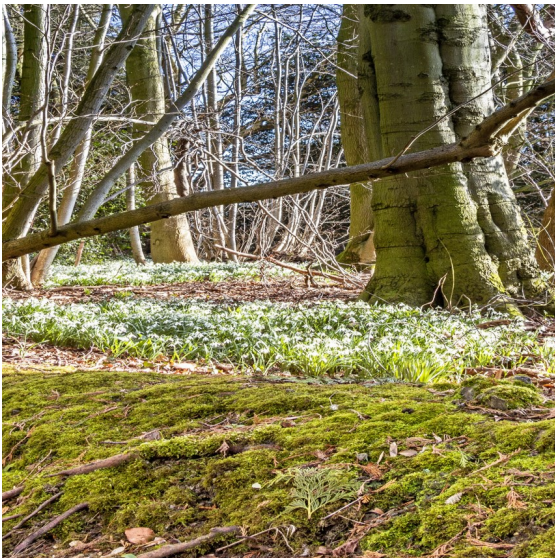
April—May 2019

Our picturesque Village

In springtime

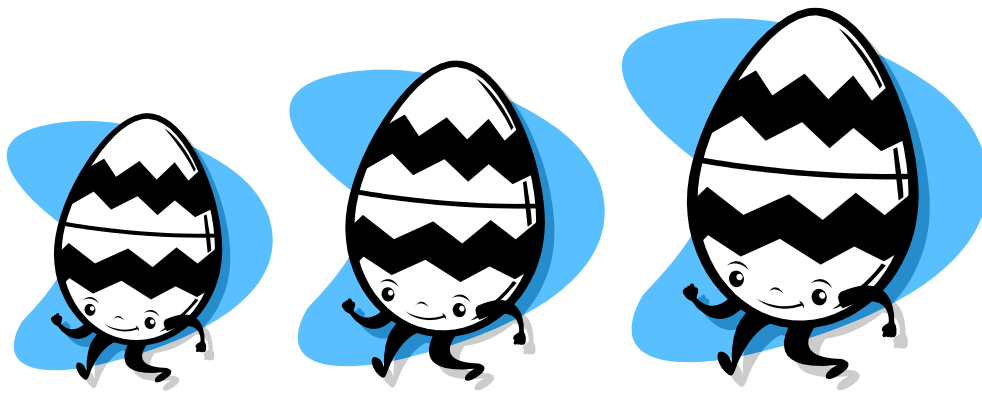


Photography by Jim Langlois



**THE ANNUAL
TOSTOCK
EASTER EGG HUNT**

See page 2 for
more
details



THE ANNUAL TOSTOCK EASTER EGG HUNT

EASTER SATURDAY, 20th April 2019

9.30 AM Start from the Green

Entry tickets £2.00 per child

**This includes an egg reward for every child & egg throwing competitions.
*Profits raised will go towards children's activities within the village.***

***Bring your own basket to
collect the eggs in the Hunt***

**The Hunt will be followed by the Egg Throwing
& Egg Catching Competitions (for all ages)**

Easter Egg Hunt 2020....?

A new organiser(s) is needed for this fun & straightforward event so that it can be carried on for the younger village children. Please talk to Nick Taylor for further details via taylornick1@hotmail.com



Tostock 40th Art Show

Weekend of 15th and 16th June

Saturday - 10am to 6pm • Sunday - 11am to 5pm

Open Gardens - Sunday - 11am to 5pm

St Andrews Church

Homemade teas and refreshments • Plant and craft stalls

Preview Evening

Wine & Canapés

Friday 14th June - 7pm to 9.30pm

Opportunity to make an early purchase

Tickets are free of charge but required for entry -

Contact: 07764 872900 or 07912 419936 or tostockartshow@gmail.com

TOSTOCK TIDY DAY



On Saturday 9th March it was a sunny morning when more than 25 people met at the village hall for the first Tostock Tidy Day. Those present split into small teams to undertake a range of tasks including various road signs cleaned and litter picked up from the verges. Some of the verges and lengths of hedge were also trimmed including the pavement edge down Norton road from the Croft. Later in the morning the weather intervened with a heavy shower of rain and we all took to the village hall for shelter and a recuperative cup of coffee and a cake.

All in all, it was a successful first event and hopefully it will build momentum at the future events scheduled for **1st June, 7th September and 30th November 2019.**

We understand that not everyone will be able to join on the planned days but if people are unable to volunteer please remember that you can do your own thing by continuing to maintain your frontages to make Tostock a village to be proud of.

Most of all thank you for to everyone who turned up on the day and made it such a success.

For further information or to provide any suggestions you may have to further the aims of this ongoing initiative please contact: jimlanglois@btinternet.com.

From
Jim Debenham, Brian Jenkins, Adrian Malcom and Jim Langlois



DRINKSTONE WOMEN'S INSTITUTE

Have you thought about trying something new in 2019

Have you thought about the Women's Institute?

Would you like to find out what is involved in becoming a member?

Drinkstone Women's Institute would

evening of every month in Drinkstone Village Hall. We have a varied programme lined up for the coming year including a talk on hedgehog rescue; a flower arranging evening; a music therapy evening and

a talk on Suffolk Cheese.

We would love to see you – do come along for a chat over a slice of cake and some tea - for further details contact either

Helen Cooper on 01449 736192 – email helen@iandhcooper.co.uk or

Sharon Rose on 01449 736221 – email sharon.rose068@btinternet.com



Looking ahead.....

Tostock Open Gardens 2019

SUNDAY JUNE 16th 11am – 5pm



Now that the weather has improved a little , we hope that people are thinking about their gardens

again and are planning to join in with the open gardens ! It doesn't matter how big or small your garden is , visitors will find things to interest them ,and they are very pleased that we let them walk around our lovely village and see what lies behind the hedges ,walls and fences !

We need to know how many gardens will be open as soon as possible , for printing publicity material ,so if you are planning to open your garden , please let Gail , 270787 , or Jeanne , 270337 , know .

Tostock Summer STEM Club (Science, Technology, Engineering, Maths)

I plan to run another STEM Club towards the end of the August Summer holiday for 6 to 12 year olds with some additional new STEM activities.

Thanks to a local benefactor this will be free of charge.

I will be supported by a number of adults but more adult help would be very welcome!

Thanks

John Parnum

STEM Ambassador johnparnum@yahoo.com

Christian Aid Week: 'All mums should live'

Sierra Leone is the world's most dangerous place to become a mum. Every day 10 women die from giving birth. In Sawula district, the community struggle with a clinic which has no electricity and only two delivery beds.

Jebbeh is heavily pregnant but as her baby grows, it's not joy that fills her heart, but fear. When Jebbeh's sister Fatmata went in to labour, there were so few ambulances that Fatmata had no choice but to walk for three hours under the baking sun, to the nearest hospital. The journey was long and with every step Fatmata struggled to keep walking.

Jebbeh told us: 'My sister was crying out with hunger. She died on the side of the road. She never gave birth.'

This Christian Aid Week, together, we can make childbirth safe for mums and babies. Through our gifts and prayers, we can help give the world's poorest mums a chance to live.

Stand with mums

This Christian Aid Week, 12-18 May, our village will be having our usual house to house collection.

Will you be a partner for change? If we can raise £300, it could help provide a new delivery bed so more mums like Jebbeh can deliver their babies safely.

More collectors would make the task easier for all our gallant volunteers, so if you can spare some time to help during the week, please contact me.....

Barney Harrison 270247

Parish News

NOTICE OF VACANCY IN OFFICE OF COUNCILLOR

PARISH OF TOSTOCK NOTICE IS HEREBY GIVEN

that two casual vacancies have arisen in the Office of Councillor for the Parish Council.

If by 8 October 2018 (14 working days after the date of this notice) a request for an election to fill the said vacancies is made in writing to the Returning Officer at Endeavour House, 8 Russell Road, Ipswich, IP1 2BX by TEN electors for the said Parish, an election will be held to fill the said vacancies. Otherwise the vacancies will be filled by co-option.

If an election is called, it will take place not later than 10 December 2018.

Dated 18 September 2018

Arthur Charvonia

Home Security

Presentation from Community Engagement Officer

Annual Parish Meeting April 10th 7.30 p.m. Village Hall

There have been one or two burglaries in the village in the last year or two. Each time villagers naturally express concern. The Parish Council have arranged for the Community Engagement Officer, Stefan Henriksen, from Stowmarket Police Station to give a presentation on Home Security at the start of the Annual Parish Meeting on 10th April at 7.30 p.m.

We hope you will be able to attend and find it useful.

WEDNESDAY, 10th APRIL (ANNUAL PARISH MEETING)

WEDNESDAY, 17th APRIL PARISH COUNCIL MEETING

WEDNESDAY, 15th MAY (ANNUAL PARISH COUNCIL MEETING)

Held at the Village Hall 7.30 pm

ALL WELCOME

Please come, excellent opportunity for everyone in our community

Tostock Village Hall News - APRIL & MAY 2019

TOSTOCK VIL- LAGE HALL COMMITTEE



AGM

Annual General Meeting

Can you give a bit of your time to be involved in the running and future improvement of our Village Hall & Playing Fields?

We meet 4 times a year, meetings are kept informal yet focused and often discuss future fundraising, and many other sociable aspects of village life.

FRESH INPUT IS ALWAYS WELCOME

and the AGM is the ideal time to come along.

So please join us at the

TOSTOCK VILLAGE HALL AGM

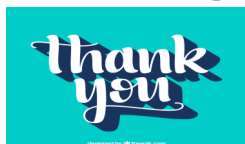
Wednesday, 1st May, 2019 at 7.30pm.

New Gates to the Village Hall Car Park

We have recently replaced the gates into the Village Hall car park and a new notice will shortly go up to advise people that **these gates may be locked overnight.** The sign will also remind people that the car park is only to be used by patrons of the Village Hall and its facilities.



A very big



..... to everyone who came or helped at the

TOSTOCK CASINO NIGHT, held on 2nd March 2019.

The old fashioned casino tables were enjoyed once again, whilst raising much needed funds for the Village Hall

This event is held every 2 years, so we hope to see you again in 2021!

WE ARE STILL AFTER YOUR IDEAS please..... Do you have any suggestions for improving or adding to our Village Hall and its playing areas? If so, please let us know. Email: hannahgracejones@hotmail.com

TOSTOCK VILLAGE HALL YOUR LOCAL VENUE

Competitive Rates of Hire Round Tables

Insured for up to 120 people

Good Parking Marquees available for hire

Contact Doreen Buckle on 01359 270605 or tostocktvh@hotmail.co.uk to reserve it for your Event



Thank you to everyone in the village for their best wishes and kind thoughts whilst my husband **Andy Nice** was taken seriously ill with a heart problem , complicated by discovery of diabetes, especially Glen Lebbon and his staff from **G.L. CARS** who rescued my broken down car (on the way to Papworth Hospital) from the side of the road and offered me a hire car for as long as I needed it and **Andrew** and **Donna Sandlan** (who fortunately

live in Tostock) for offering and taking me home from Papworth hospital (also due to broken down car)

I feel really blessed to live in a Village with so many caring thoughtful people.

THANK YOU from the bottom of my heart.

Thankfully due to such dedicated staff at Papworth Hospital I have finally managed to have him home for the rest of his long road to recovery. Once again **THANK YOU** to all you wonderful people. You have really helped to get us through this really scary difficult time.

Shirley Nice



Matthew Walker (Tostock)

Some of you may remember Matthew who at 8 years old was playing the organ in Tostock and other churches in the area.

From 9 years old he also began to play the clarinet through Suffolk County Music service's subsidised lessons. In 2016, during sixth form, Matthew was principal clarinetist for the Suffolk Youth Orchestra and was winner of the West Suffolk Young Musician of the year competition.

In September 2016 Matthew went to study for a Bachelor's degree in music at the University of Nottingham. Whilst studying there, he has taken on leadership roles in several music societies including managing the auditioned University of Nottingham Wind Orchestra and conducting the large Concert Band. He has also been a member of the University Philharmonia Orchestra where in October last year, after a successful audition he performed as the soloist for Copland's Concerto for Clarinet.

Last July, Matthew attended the Belgian clarinet academy course in Ostend, coordinated by Dr Robert Spring from Arizona State University. The week featured masterclasses and recitals, collaborating with professionals and students from all over the world.

In September, Matthew was asked to stand in for a member of the National Youth Orchestra during their outreach concerts in Nottingham schools.

In a few weeks, Matthew will be playing in Nottingham for the premiere of Elizabeth Kelly's new opera *Losing Her Voice* about the life and career of the American opera singer Geraldine Farrar. From this September, Matthew will be studying for a Master of Music in performance at The Royal Northern College of Music in Manchester.

Matthew has been asked to play as a concerto soloist with Suffolk Sinfonia Orchestra at their concert in the **Apex on Saturday 22nd June**. It would be lovely if some of our friends and villagers who have followed his progress so far could come and support him at his first professional performance in Bury St Edmunds.

We look forward to seeing you there!

St Andrew's Church News



With Easter approaching , we would like to know if anyone would like to contribute to buy lilies “In Memoriam” to decorate the Church for this special occasion .

If you would like to contribute , please contact Julie Harrison or Jeanne O’Reilly as soon as possible .

Our next Coffee morning will be on Tuesday April 9th , at 10:30 am in the Village Hall . Last month’s was very well attended ,with lots of sausage rolls being sold ,and lots of prizes being donated for the Raffle !

Thanks to everyone for their generosity , £86 was raised for Church funds .

The PCC met recently where the main business was to approve the Annual Report and Financial Statement .

The Report detailing the activities that had taken place during the year was approved, and will be presented at the AGM on April 2nd . The Financial Statement was also approved .

The AGM starts at 7pm in Church ,when the Churchwardens and members of the PCC are elected .

All Parishioners are very welcome to attend this meeting to discuss matters relating to the Church .

The Church Floodlights are sponsored in May by Margaret Pamment to remember John with much Love, especially on his Birthday , May 24th .

TOSTOCK POORS ESTATE.

Just a gentle reminder that within our village there is a charity fund. Rev. Valentine wrote an article outlining its history and function recently (see Oct/Nov 2018 edition). While historically it was a Christmas charity it can be applied for throughout the year for help with such items as car parking fees for hospital trips, heating costs or special equipment.

All applications are treated in the strictest confidence.

For details please contact Sharon Markell Tel 271190.



St Andrew's Church Tostock

(Benefice of Pakenham, Norton & Tostock with Great Ashfield,
Hunston & Stowlangtoft)

Priest-in-Charge Revd Katherine Valentine

Tel 01359 235095

Email: katherine@kavalentine.plus.com



SERVICES April 2019 - May 2019

Our beautiful and ancient church is open daily for visitors and private prayer.

APRIL

7th	BENEFICE SERVICE	9.30am	-for 10am family@church at Pakenham: Easter - get ready to celebrate!
14th		9.30am	Holy Communion
19th	GOOD FRIDAY	10am	Good Friday Mediations
21st	EASTER DAY	9.30am	Family Festival Communion
28th		11am	Morning Prayer

MAY

5th	BENEFICE SERVICE	9.30am	-for 10am family@church at Pakenham: Pentecost
12th		9.30am	Holy Communion
19th		6pm	Evening Prayer & Praise
26th		11am	Morning Prayer
30th	ASCENSION DAY	7.30PM	DEANERY SERVICE AT ALL SAINT'S STANTON

SERVICES AT THE CROFT

Mondays 15th April & 20th May 10am

All welcome to come to this informal act of worship where we sing our favourite hymns, pray for our village and share extremely nice refreshments!

EASTER CELEBRATIONS AROUND THE BENEFICE

18TH MAUNDY THURSDAY

7PM AGAPE SUPPER - PAKENHAM

This is a meal we share in remembrance of the Last Supper of Jesus that he shared with his disciples the night before he died. It is followed by a vigil of prayer until 9pm. All are welcome.

19TH GOOD FRIDAY

10AM EASTER GARDEN SERVICE AT NORTON - FOR ALL AGES!

Bring plants, flowers or stones from your own garden and help make the easter garden. A short simple service is followed by hot cross buns and other easter treats!

10AM A SERVICE OF MEDITATIONS - TOSTOCK

a reflective service of prayer, readings and music

1.30PM WALK OF WITNESS AND AN HOUR AT THE CROSS - PAKENHAM

Walkers meet at the gates of Nether Hall to walk to the church. The service in church will start at 2pm, observing the hour of Jesus' death on the cross.

2PM ALL AGE SERVICE AT GREAT ASHFIELD

Meet at 1.30pm in the Village Hall to make your cross and process to the church.

21ST EASTER DAY

Perfect for early risers - early Holy Communion services are at 6.30am at *Norton*, and 8.30am at *Stowlangtoft*,

For all ages - Family Communion services at 9.30am at *Pakenham and Tostock*, and 11am at *Great Ashfield, Hunston and Norton*. Easter treats at all our services today!



family@church

9.30am for 10am - St Mary's Pakenham

Breakfasty refreshments & Crafts available from 9.30am This service on the first Sunday of every month is run by the whole benefice and is the opportunity for all our villages and families to join together in worship and get to know each other.

Look out for the invitation coming through your door!

SUNDAY 7TH APRIL - EASTER - GET READY TO CELEBRATE!

SUNDAY 5TH MAY - PENTECOST - HOW TO SET THE WORLD ON FIRE - AND NOT GET BURNT!

ANNUAL PAROCHIAL CHURCH MEETING

Tuesday 2nd April - St Andrew's Tostock 7pm in Church.

All parishioners are invited to this annual meeting when we report on and give thanks for the life of the church in the year that is past, and elect our churchwardens and Parochial Church Council to serve our churches for another year.

Deanery Lent Course CONTINUES IN APRIL

Thursdays - 4th & 11th April 7.30pm St Mary's Pakenham

The Things He Did - The Story of Holy Week.

We will be using this book by Stephen Cottrell, Bishop of Chelmsford, and watching extracts from the BBC series 'The Passion'. All Welcome.

Extracts from the Tostock Archives

Tostock Church School - Part 2

(Reminiscences of "Honey" Mrs Elsie Manning (née knock) in 1974)

In this installment Elsie recall people & incidents from her childhood days at Tostock School between 1904 and 1911. Elsie lived in a house called "Sunnyside", part of the house on the Green now called Jasmine Cottage. Elsie's mother had a white and yellow Jasmine growing round the rustic porch and this may well be how the house got its name. Elsie did not have far to walk when she heard the school bell ringing. This bell was centrally placed in the roof in a little turret which is no longer there. A second bell was to hasten latecomers and senior pupils thought it quite an honour to be allowed to ring the bell.

There were two teachers in their twenties, Miss Grace Ingram and Miss Mabel Ingram. Their father use to drive them to Tostock each morning from Elmswell in his pony and trap and they were never late. He fetched them in the afternoon. The timetable of lessons hardly varied. From 9am to 12noon there was Scripture, Arithmetic and Reading. From 2pm to 4pm it was History and Geography. In Scripture lessons the catechism and Bible passages were learnt by heart. During the mid-morning break there was always "Drill" with dumb-bells, outside in the playground if it was fine. If wet it was indoors in time with the piano.

Discipline was very strict and the pupils had a healthy respect for Mss Grace especially, as she would stand for no nonsense. Miss Mabel was a gentler character. She played the piano for hymns on Friday morning (instead of scripture) and for singing lessons. She was Elsie's first music teacher. Elsie was very fond of her, but was almost afraid of coughing during a piano lesson. Elsie was once caned by Miss Grace and on occasions Elsie saw platts flying when Miss Grace boxed their ears.

Elsie thought they were good teachers because they just had to learn, and she never forgot her tables. She remembers that she could read by four and loved it. Sometimes she read to the whole school. A strict teacher was probably necessary because of the number of children in the classroom. Much use was made of the blackboard for all subjects, and handwriting was done in copy books in that beautiful but now old fashioned cursive script.

Tostock's rector, the Rev. Julian Tuck took Sunday School in the building on Sunday afternoons and the children had to learn all the Prayer Book collects. He was chairman of the school managers and came to the school nearly every morning from the old Rectory. If any of the bigger boys had been really troublesome he would deal with them for Miss Grace by caning them across a desk, "four of the best", in front of everybody. This was normal practice for someone in his position and this godfearing man should not be judged too harshly.

In the next installment Mrs Elsie Manning recalls her return to the school in 1917 to work as a pupil/teacher.

1905



TOSTOCK SCHOOL --c1905

Back Row : B. PEASEY, GERALDINE PEASEY, FINCH, 2 Gypsies, ETHEL CLARKE, C. RAMSBOTHAM,
E. PEASEY, M. DOWNEY

3rd Row : MAURICE HIRST, T. MEAKINS, B. CLARKE, BERYL CLARKE, HUFFEY, G. DEWING, HARCOURT.

2nd Row : DORNEY, E. HUFFEY, E. DEWING, T. EVERITT, B. CLARKE, C. CLARKE, A. HUFFEY.

Front Row : HAZELWOOD, HAZELWOOD, HURST, HAZELWOOD, W. CLARKE

Teacher : Miss N. Bloom.

COUNTRY LIFE – D. POOLE Number 26

For this edition just when our humble hedgehog is about to come out from its dormancy and hibernation, now is a good time to bring it into the limelight and give it some recognition it deserves. The hedgehog is one of Britain's most popular mammals and is the gardeners best friend. Eating slugs, worms, beetles, caterpillars, millipedes and earwigs, these are the main stay of their diet.

I had better practice what I preach, so what I thought I would do is make a hedgehog box and encourage them into my garden and possibly get them to breed in the box. If I can encourage a few other people across Tostock to do the same then perhaps this time next year we can all have a get together up at the local pub over a pint of beer for a report back and a discussion on any successes we may have had. The poor hedgehog is very much in decline over these recent years and is crying out for help so we must do what we can to protect and save them.

Just before Christmas last December I was invited to go to a talk /come presentation by Ali North over at Lackford (Suffolk Wildlife Trust headquarters) **Ali North** who is SWT's hedgehog officer and campaigns officer and a charming young lady who was full of confidence and ability. In September 2016 Ali was appointed to lead a project to make Ipswich the most hedgehog friendly town in the U.K. Two years on what a fantastic job she has done, putting Ipswich well and truly on the map. The result is just amazing history. Here is a small part of her report in the recent edition of the Suffolk Wildlife Trust's magazine all about the Ipswich project in her own words -

For Suffolk Wildlife Trust, knowledge of the growing importance of urban populations was a clarion call and we got to work. Our project, supported by players of the National Lottery, local benefactors and British Hedgehog Preservation Society, aimed to promote hedgehog-friendly garden and land management practises, while creating and connecting habitat. Importantly it would also provide lessons for other towns and leave a legacy for local conservation action in Ipswich. The need to engage communities, businesses and land managers across Ipswich meant the project was undeniably ambitious. But the topic of hedgehog conservation really has captured the imagination of the town, with a huge audience embracing the project and the simple actions that can be taken in back gardens to help local hedgehog populations. In fact, through a series of talks, walks, park events and workshops the Trust has now promoted hedgehog friendly land management to over 6,000 people and recruited 53 hedgehog champions – a network of people dedicated to acting for and spreading awareness of hedgehogs. The project's reach has been greater than any of us hoped. A total of 780 hedgehog-accessible gardens have been logged, while advice and training has been given to land managers with influence over 9km of habitat. Meetings with planners and ecologists have also contributed to a 25% increase in planning applications in Ipswich that include conditions for hedgehog permeable fencing. Talking to those who have a strong connection to Ipswich's green spaces has been another really important part of the project. Discussions with more than 100 allotment holders have given us useful insights into the level of chemicals used and attitudes toward hedgehogs-friendly alternatives with 62% already having tried hedgehog-friendly methods of slug control. Community surveying and assistance in population research for Nottingham Trent University has helped us better understand the hedgehogs of Ipswich and contribute to national efforts to better estimate population densities. We have walked a total of 459km on night transects and collectively spent 159 hours searching for hedgehogs by torchlight, our radio-tracking activities had us searching far and wide for some hedgehogs, especially for the affectionately named "Adventure Hog" who seemingly dropped off our radio was eventually found over 1km away in a village on the outskirts of Ipswich. He wasn't the only wayward hedgehog! One forced us to lie face down in a garden while we waited for her to emerge from a nest under a garden shed. This behaviour coupled with the very large radio-tracking aerial resulted in some very funny looks in the local neighbourhood and some enquiries over whether we were tracking unlicensed TV owners, aliens or ghosts!

Not all of our surveys have looked so unusual – our community footprint and camera surveys have involved over 400 people monitoring for hedgehog presence in allotments, parks, school grounds and gardens, checking trail cameras and tunnels in the mornings for signs of hedgehog activity. Exciting footage include some very impressive hedgehog squabbles, moon walking hogs and bathing Tawny Owls. Of those providing feedback, 88% of participants took garden-scale action for hedgehogs as a result of their survey activities – proof that people care about the wildlife they know is on their doorsteps and want to do something to help them. Our online hedgehog map is helping us record sightings and actions taken for hedgehogs across the county.

Throughout the two-year project there have been an additional 758 hedgehog sightings recorded in Ipswich and nearly 2,000 across the whole of Suffolk. We hope residents across Ipswich and Suffolk will continue to log their sightings, but also their hedgehog-friendly garden features to help us better understand how connected different parts of the town and country are becoming for our local hedgehog population. Eleven schools have been involved in the Ipswich hedgehog project to date – one even created a hedgehog home replica of their own school building! By analysing some of our learning activities we have seen an increase in hedgehog knowledge in children and families through our assemblies, trails and hedgehog quizzes. Our Hog Spotter Activity Jotter is encouraging potential young conservationists to learn even more about hedgehogs and this can be downloaded for free from the hedgehog page of our website. **Thanks Ali**



Hedgehogs are our only spiny mammal and are immediately recognisable. They have around 5,000 closely-packed hollow, creamy-white spines, becoming brown at the base and pure white at the tip. Just behind the point is a dark chocolate-brown band. On their underside hedgehogs have coarse grey-brown fur. By rolling up into a ball and erecting their spines hedgehogs can protect themselves from most natural enemies. They have a short inconspicuous tail, small ears and relatively long legs, normally hidden under a skirt of long hair. They are usually thought of as slow animals but they can move up to 40 meters a minute. They are mostly active at night or after heavy rainfall, and use their keen sense of smell to find food and alert them to danger. Between November and the end of March when food is scarce hedgehogs hibernate to conserve energy, remaining largely inactive.

Their head-body length – up to 30cm, Tail length – 2cm, Weight – 450-1500 g, Lifespan – About a half die in their first year, average lifespan is about two years, but a small percentage can reach five years. Reproduction – up to seven blind spineless offspring are usually born between May and August in a nest of leaves and grass. Pure white spines appear after birth and are replaced within a few weeks by darker spines that grow through. The young are weaned at about four weeks and become independent shortly afterwards.

Habitat – Woodland edges, hedgerows in meadowland and rough pasture. They avoid wet areas or large pine forests.

Predators – Occasionally badgers, and foxes. Threats – Habitat loss due to agricultural change and pesticides which reduce the abundance of prey. Road deaths may be important locally.

Status and conservation – Hedgehogs were made a priority species in the UK Biodiversity Action Plan Population size and distribution – GB population 1,100,000. The population trend is unknown but there is evidence that the population is declining. Hedgehogs are found throughout the British Isles including urban areas, but are absent from some of the Scottish Islands.



Here are some do's and don'ts for garden Hedgehogs -

Don't use slug pellets or pesticides as hedgehogs eat slugs

Provide log piles, long grass, rotting leaves and nectar-rich flowers to encourage insects that hedgehogs like to eat

Make your garden safe for hedgehogs – They are good swimmers, but if you have a pond they need a way to climb out.

Check too for netting which hedgehogs can get tangled in if not tightly secured.

Make sure there are hedgehog-sized gaps in your garden fence and encourage your neighbours to do the same. A 13cm/5" gap should allow even the largest hedgehog through.

Cut a hole in a wooden panel, make a gap under gate, or ask a contractor to include a hole in a newly installed concrete gravel board. Dig under your fence to avoid cutting, or use a tunnel cinder block to deter use by pets. Look for droppings, set up a night camera, make a footprint tunnel or feeding station to see if you have a visiting hedgehog.

Hedgehog droppings are dark, textured and contain shiny bits of invertebrates.

Food – extra food and water can be a great help, but can't substitute natural foraging habitat. Tinned dog food mixed with crushed dog biscuits and a little water, or a specialist hedgehog food will help supplement their diet.

NEVER put out bread and milk as it makes hedgehogs ill.

Be Less Tidy – let autumn leaves rot where they fall, or rake them into piles. Long grass areas are best cut in winter and bramble areas in autumn.

CHECK for hedgehogs when you cut long grass or brambles as these areas are used for nesting.

It would be a pity if we were to lose these shy elusive and most adorable creatures from our countryside – the countryside wouldn't be the same without them.

Good luck in seeing one

Tostock Past and Present Society



Our year has begun with two excellent speakers. Dr Helen Geake spoke about the arrival of the Anglo Saxons. Was it a migration or an invasion? Helen explained how new technology is helping to uncover our past.

In March Ashley Cooper brought to life Scott's Polar Expedition and the role of Captain Oates. Members found it a very moving talk and were interested in all the local connections. One descendent now lives in Norton.

On April 2nd we welcome Will Cranstoun who will be talking about the Black Bourn Valley Nature Reserve. Many of you will be aware of the work carried out by the Suffolk Wild Life Trust on Grove Farm, and the more recently acquired Water Meadows in Norton. For those interested in our local countryside this should be a very interesting evening.

April 2nd – Will Cranstoun **The Black Bourn Valley Nature Reserve (Suffolk Wildlife Trust)**

May 7th - Miriam Stead **The Bawdsey Story** -The history of the Bawdsey Manor Estate which became RAF Bawdsey, the world's 1st operational RADAR station

June 4th- Dr Nick Amor **The Suffolk Medieval Cloth Industry**

All our regular meetings are in Tostock Village Hall and commence at 7.30pm on the first Tuesday of each month. Non-members are always welcome.

For further information contact Anthony Scully 01359 270482 email a.rod.scully@gmail.com



TOSTOCK CARPET BOWLS CLUB



We are coming towards the end of the 2018/2019 season. It is very close at the moment with the results. Unfortunately we were knocked out of the Chairman's Plate in March by Bealings.

April Fixtures

Wednesday 3 - Honington & Sapiston - away

Monday 8 - Fornham All Saints - home

We do not play league games during the summer but arrange some friendly fixtures with local clubs. Club nights still continue as usual.

Doreen Buckle

TOSTOCK GARDEN CLUB

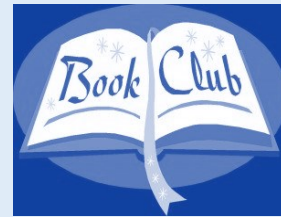
After the success of our informal bulb get together on Saturday March 16th, the former committee of the Garden Club wondered if there was sufficient interesting the village to restart the club. It ran for many years but sadly the decision was made at the end of 2007 to call it a day due to the lack of members. We would probably need about 20 interested people to make it a viable possibility.

If anyone is interested would they contact myself, **Sharon Markell on 271190 or Barney or Julie Harrison on 270247.**

Thank you we look forward to hearing from you.



Tostock Bookgroup



We started the year with poetry in January; “lucky dip” books were compared in February; at our March meeting we will be discussing “The Hand That First Held Mine” by Maggie O’Farrell.

The book to read for April is Chris Packham’s “Fingers in the Sparkle Jar”. There should be plenty library copies available . Maureen Cytaki has kindly offered to host this meeting on the 24th.

On May 22nd we will meet at Diane Grimes house in Leys Road, to discuss “The Shadow Queen” by Anne O’Brien. For library copies of either book, and details of venues, contact Julie Harrison at 4 Perkins Way, tel. no. 270247.

Tostock Parish Councillors**Parish Council email: clerk@tostockpc.org.uk**

Chair: Ron Perks	ron.perks@outlook.com	01359 270394
Vice Chair: Julian Kersley	juliankearsley@btinternet.com	
David Blundell	tostock.design@btinternet.com	01359 270839
Sarah Mansell	sarah.mansel@midsuffolk.gov.uk	01359 724524
P Fletcher	pipfletcher@btinternet.com	01359 270456
Christine Debenham	cdebenham2@yahoo.com	01359 270006
Nick Cytacki	nickcytaki@gmail.com	
Clerk: Sandra Brown (temporary)	sandrabrown60@hotmail.com	

Footpath OfficerEd Wadsworth r.wadsworth388@btinternet.com 01359 270273**Litter Picker**Jim Langlois jimlanglois@btinternet.com 01359270456 **Suffolk County Council**Jane Storey Jane.Storey@suffolk.gov.uk 01359

240555

District County Council**??????????****St Andrews Church**Rector: Katherine Valentine katherine@kavalentine.plus.com 01359 235095

Friends/Warden: Jeanne O'Reilly 01359 270337

Bell Ringers: Sue Marriott 01359 270143

Poor's Estate: Sharon Markell 01359 271190

Village Hall

Chair: Alan Jones 01359 272633

Hall Bookings: Doreen Buckle tostocktvh@hotmail.co.uk 01359 270605**Clubs:**

Past & Present: Sarah Scully 01359 270482

Tennis Club:

Book Club: Julie Harrison 01359 270247

Carpet Bowls: Doreen Buckle 01359 270605

Toddlers: Julie Harrison 01359 270247

Pub

Gardner's : Steve & Jill Gardner 01359 270460

Media

Tostock Chronicle:

Shirley Nice shirley.nice@btinternet.com 01359 271727Jim Langlois Photography jimlanglois@btinternet.com 01359 270456**Web Site:**Diane Mathews www.tostockpc.org

*Anyone wishing to add their email ,please get in touch

Services**Health**

Woolpit Health Centre 01359 240298

Out of hours GP 111

West Suffolk Hospital 01284 713000

Samaritans 01284 75000

Drugs Hotline 0800253253

Police

Non-emergency 101

Crime Stoppers 555

Leisure

Cineworld

Picture house

Theatre royal

Apex

Travel

Dial a Ride: 01284 724545

Bus: www.travel-galloway.com 01449 766323

Rail: 084548595



The local solution to your motoring

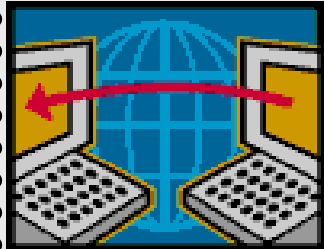
Open 6 days a week

MOT Testing - Tyres - Exhausts - Servicing - Bulbs -
Diagnostics - Clutches - Cambelts -
Batteries - Wipers - Mechanical Repairs -Wheel
Alignment - Loan Car

Friendly and Qualified Staff and much
more!

Credit and Debit cards accepted
01359-230097

Andy's Auto Fix, Woolpit Road, Norton,
IP31 3LU



CJ Computer Services.

Repair
Upgrades
Custom Built Computers

Reasonable Charge

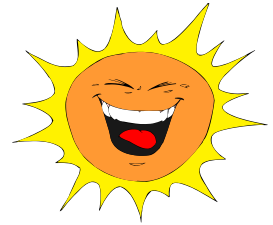
- On Site Services
- Fully Insured
- Fully Qualified
- One to One Tuition
- Wireless Broadband Set-Up and Secured.
- Lap-top Sales

www.cjcomputerservices.biz

Tel: Chris : 01359 271772

Mobile : 07717604180

SPANISH



Can you order
your
"cerveza, vino y
tapas" ?



I CAN TEACH YOU !

Phone Andrea Alderton
on 01449 736955

Grange Butchers

QUALITY MEATS FOR THE HOME AND CATERER

Opening Times

MON : 08.30-13.00
 TUES : 08.30-17.00
 WED : 08.30-13.00
 THURS : 08.30-17.15

AWARD WINNING
SAUSAGES.

FRI : 08.30-17.15
 SAT : 08.30-16.00
 SUN : CLOSED

HOMEMADE BURGERS.

**FARM SHOP FOR YOUR
FRUIT & VEG.**

Keith Gooch, Grange Farm, Woolpit.
01359 241467

D.B.L. GARDEN SERVICES



Philip Jull

Tel.: 07834 237330



e-mail: dblgardenservices@gmail.com

Gardening and maintenance services

for Bury St Edmunds

and surrounding villages





Green Matters caters for domestic and commercial clients offering:

- Grass Cutting
- Turf Laying
- Pruning
- Planting
- Garden Clearance
- Hedge Cutting
- Restoring and Maintaining
- Advice on all garden aspects
- Fully Insured
- Environment Agency Registered

☎ 01284 728044 📠 07941 640580
✉ greenmattersgardenservices@gmail.com



TOSTOCK TODDLERS

A Friendly Group for Babies and Toddlers, All are welcome.
*Runs most Tuesdays during term time**
9.45-11.30
Tostock Village Hall



CRACKNELLS GARAGE of Thurston

NEW GROCERY/CONVENIENCE STORE

Local Meat, Fruit & Veg
NEWSPAPERS • LOTTERY • FRESHLY BAKED BREAD
Pet Food, Bird Food, Coal, Logs, Kindling
Water Softener Salt Tablets & Blocks

OPEN 7 DAYS FOR FUEL & SHOP

All usual workshop facilities:
MOTs • SERVICING • REPAIRS

01359 270256 www.cracknellsgarage.co.uk

Not enough hours in the day?

I can stop the stressing & do the pressing.
Collection & delivery, around local area.
20 years experience.
Also cleaning services.
references available, also help b & b's.

Please message me for more info 😊

07785755165



G.L. CARS

MOT & Servicing Centre
 Car Sales
 Car Hire
 Van Hire
 All makes serviced & repaired
 MOT's at affordable prices

Opening times
 Mon-Fri 7.30am – 5.30pm
 Sat 7.30am – 4.00pm

Telephone 01359 271180

Gl Cars Limited
 The Office
 Place Farm,
 Church Road,
 Tostock.
 IP30 9PG

Email glcars@btconnect.com
www.gl-cars.co.uk

Clare Graves

Dog Walking



Dog walking and small pet care in
 Drinkstone and surrounding villages

www.midsuffolkpetcare.co.uk

Telephone: 07798 732 736



APN. WARDROBES

MADE TO MEASURE SLIDING WARDROBE SYSTEMS

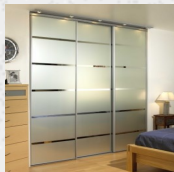
SUPPLIED & FITTED



MAKE 100% USE OF SPACE
 ANGLED CEILINGS
 10 YEAR GUARANTEE

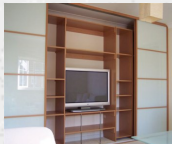


A WIDE RANGE OF FINISHES
 MATCHING FURNITURE



WALL TO WALL
 IDEAL FOR HOME OFFICE
 FLOOR TO CEILING

BESPOKE INTERIORS TO SUIT YOUR NEEDS



CONTACT

ANDY NICE

For a free no obligation quote

PHONE: 01359 271727 MOB: 07747 846562

WEBSITE: www.apnwardrobes.co.uk

EMAIL: andynice@btinternet.com

Janine Arnold Painting & Decorating



Interior & Exterior
 Painting
 Tiling
 Wallpapering

- Reliable •
- Quality workmanship •
- Over 10 years experience •



07748 858 570
neeny73@sky.com

Is your garden all work?

We **design** and **build** gardens for easier maintenance and all year round Interest

Contact **Jane Hamblin** at

Land Army Designs

01359 231344

www.landarmydesigns.co.uk

Rothwell's
Carpet & Stone Floor Cleaning

Carpet Cleaning & Stone Floor, Upholstery, Rugs

A few points that make us stand out,

Rothwell's has been in business since 1993

We're an honest local family firm.

Our large truck mounted machines mean more cleaning & drying power

for the best results possible.

Members of both the NCCA and TACCA.

We will move the furniture.

100% satisfaction or it's FREE.

Call Oliver and Max Campbell

01638 428 060

www.Rothwells.biz

for expert help today.



Simon's window cleaning simon@windowclean.co

All Types of Windows Frames and Sills
Conservatories
Gutter Clearing
One Off or Regular Visits
Commercial and Residential
Competitive Prices

Local, Reliable and Affordable
Free Quotes and a Professional Service

01359 233 593
07934 063 900

CHIMNEY SWEEP

ECO SWEEP CHIMNEY SERVICES

- NEW POWER SWEEPING METHOD USED FOR A MORE THOROUGH CHIMNEY CLEAN THAN BRUSHES.
- INDUSTRIAL HEPA FILTERED VACUUM.
- FULLY INSURED.
- INSURANCE RECOGNIZED CERTIFICATES ISSUED.
- SPOTLESS, RELIABLE AND FRIENDLY SERVICE.
- ALL CHIMNEYS, WOODBURNERS, AGA, BOILER FLUES SWEPT.
- GUILD OF MASTER SWEEPS CERTIFICATED MEMBER.



Charges For **Advertising** in The Tostock Chronicle.

SINGLE ENTRY (FOR ONE EDITION): £10.00

ONE YEAR (FOR SIX EDITIONS): £45.00

Available on line in full colour

PLEASE MAKE ALL CHEQUES PAYABLE TO: TOSTOCK PARISH COUNCIL.

(Online banking available)

TEL. 01359 232335

DATES TO REMEMBER

APRIL 2019



Annual Parish Meeting

Wednesday 10th 7.30pm
Village Hall



Parish Council Meeting

Wednesday 17th 7.30pm
Village Hall

May 2019



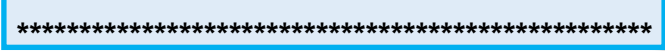
Annual Parish Council Meeting

Wednesday 15th 7.30pm
Village Hall

ALL WELCOME

Please come, excellent opportunity for everyone in our community

DATES TO LOOK FORWARD TO:



Village Tidy Day

Saturday 1st June from 10am
Village Hall



Open Gardens

Sunday, 16th June 2019
11am till 5pm



**Celebrating 40 Years
The Tostock Art Show**

Preview Evening	Friday, 14 th June 2019
Art Show	Saturday, 15 th June 2019 Sunday, 16 th June 2019



REGULARS



Toddlers Each Tuesday morning of the month
*except 2nd Tues 9.45-11.30am



Bowls Each Thursday evening of the Month
7.30pm



Coffee mornings Every 2nd Tuesday of the Month
10.30 -12noon



Past & Present Every 1st Tuesday of the Month
7.30pm



Bingo Every Last Tuesday of the month
2.30pm

all held at the village hall



Book Club Each 4th Wednesday of the Month
8pm

At various venues

Notice.

If anybody is interested and would like to produce an edition of The Chronicle.

For whatever reason—I.e. School/Training Project, hobby, interest ambition, help out etc. Must have P.C. with windows for more details, Please get in touch:

shirley.nice@btinternet.com or 01359 271727

P.S. no experience necessary (I have none) and no obligation to continue

NEXT EDITION: Is f or **JUNE/JULY**

Please may I have your contributions
on or before **19th MAY**

preferably in word or publisher format, much appreciated.

shirley.nice@btinternet.com