

# TOSTOCK CHRONICLE

More details and the latest up to date information, Is available on our village website.

[www.tostockpc.org.uk](http://www.tostockpc.org.uk)



## EVENTS:

**Tostock 41st Art Show**  
 Weekend of 18th and 19th September  
 Saturday: 10am to 6pm • Sunday: 10am to 5pm

**Open Gardens**  
 Sunday: 11am to 5pm

- St Andrew's Church
- Homemade teas and refreshments
- Plant and craft stalls

**PREVIEW EVENING**  
 Wine & Canapés  
 Friday 17th September  
 7pm to 9.30pm  
 Opportunity to make an early purchase

**CONTACT:**  
 07764 872900 or 07912 419936  
 or [tostockartshow@gmail.com](mailto:tostockartshow@gmail.com)

See page 4

**JOIN IN WITH OUR COFFEE MORNING**

Every penny we raise means Macmillan can be right there for more people living with cancer.

See page 3

**The Tostock Flower and Vegetable Show**  
 11<sup>th</sup> September 2021

You are warmly invited to take part in the Tostock Flower and Vegetable Show everyone welcome.

Vegetable, fruit, flower, floral art, home craft, photography and children's classes.

If you have never entered before and would like to take part please contact  
 Julie or Barney 270247 or Sharon 271190  
 (past exhibitors will be delivered a schedule nearer the date)

**There are Cups and prizes to be won!**  
 Raffle and Refreshments

Entry fee per class 25p

See back page

# Contacts in our Community

## Tostock Parish Councillors

<b>Parish Council email:</b>	<a href="mailto:clerk@tostockpc.org.uk">clerk@tostockpc.org.uk</a>	Sharon Burman
Chair: Pip Fletcher	<a href="mailto:pip.fletcher2@btinternet.com">pip.fletcher2@btinternet.com</a>	01359 270456
ViceChair: Julian Kearsley	<a href="mailto:juliankearsley@btinternet.com">juliankearsley@btinternet.com</a>	
David Blundell	<a href="mailto:Tostock.design@btinternet.com">Tostock.design@btinternet.com</a>	
Graham MacDowall	<a href="mailto:crispincottage@hotmail.com">crispincottage@hotmail.com</a>	
Nick Cytacki	<a href="mailto:nickcytacki@gmail.com">nickcytacki@gmail.com</a>	
Peter Boland	<a href="mailto:Peter.boland@gmail.com">Peter.boland@gmail.com</a>	
Marie Johansson	<a href="mailto:oldhallstables@btinternet.com">oldhallstables@btinternet.com</a>	
Jane Storey	<a href="mailto:jane-storey@btconnect.com">jane-storey@btconnect.com</a>	

More details and the latest up to date information, is available on our village website.  
**[www.tostockpc.org.uk](http://www.tostockpc.org.uk)**

NEXT EDITION: Is for

**October/November 2021**

Please may I have your contributions on or

**BEFORE 19<sup>th</sup> September**

preferably in word or publisher format, much appreciated.

[shirley.nice@btinternet.com](mailto:shirley.nice@btinternet.com)

## Footpath Officers

Adrian Malcom & John Cytaki

## Tree Officer

VACANT

## Litter Picker

Jim Langlois [jimlanglois@btinternet.com](mailto:jimlanglois@btinternet.com) 01359 270456

## Suffolk County Council

Andrew Mellen\_ [andrew.mellen@suffolk.gov.uk](mailto:andrew.mellen@suffolk.gov.uk) 01359 240555

## St Andrews Church

Rector: Katherine Valentine [kavalentine677@gmail.com](mailto:kavalentine677@gmail.com) 01359 235095

Friends/Warden: Jeanne O'Reilly 01359 270337

Bell Ringers: Sue Marriott 01359 270143

Poor's Estate: Sharon Markell 01359 271190

## Village Hall

Chair: Graham MacDowell [crispincottage@hotmail.com](mailto:crispincottage@hotmail.com)

Hall Bookings: Doreen Buckle [tostocktvh@hotmail.co.uk](mailto:tostocktvh@hotmail.co.uk) 01359 270605

## Pub

The Gardners: Steve & Jill Gardner 01359 270460

## Clubs

Past & Present: Sarah Scully 01359 270482

Tennis Club: Elizabeth Dunn [ejd1@talktalk.net](mailto:ejd1@talktalk.net) 01359 270270

Susie Walton [susiewalton85@gmail.com](mailto:susiewalton85@gmail.com) 07793406076

Book Club: Julie Harrison 01359 270247

Carpet Bowls: Doreen Buckle 01359 270605

## Media

Tostock Chronicle: Shirley Nice [shirley.nice@btinternet.com](mailto:shirley.nice@btinternet.com) 01359 271727

Sarah Reader : Advertising [reader-family@tiscali.co.uk](mailto:reader-family@tiscali.co.uk)

Jim Langlois- Photography [jimlanglois@btinternet.com](mailto:jimlanglois@btinternet.com) 01359 270456

## Website:

Diane Mathews [www.tostockpc.org](http://www.tostockpc.org)

\*Anyone wishing to add their email, please get in touch.

**Emergency Police/Fire/Ambulance 999**

## Services

### Health

Woolpit Health Centre	01359 240298
Out of Hours	111
West Suffolk Hospital	01284 713000
Samaritans	01284 750000
Drugs Hotline	0800 253 253

### Police

Non-emergency	101
Crime Stoppers	555

### Leisure

Cineworld	0330 333 4444
Theatre Royal	01284 769505
Apex	01284 758000
Picture House	01284 754477

### Travel

Bus: <a href="http://www.travel-galloway.com">www.travel-galloway.com</a>	01449 766323
Rail:	
Dial a Ride	01440 712048

## **MSDC**

**REPORTING:** anti-social behaviour / bonfires, Environmental Health reporting tool [www.midsuffolk.gov.uk/environment](http://www.midsuffolk.gov.uk/environment).

potholes, overhanging trees and any other road / roadside issues can be raised on the Highways reporting tool [www.suffolk.gov.uk/roads-and-transport](http://www.suffolk.gov.uk/roads-and-transport).

**INFORMATION:** Suffolk Community Foundation [grants@suffolkcf.org.uk](mailto:grants@suffolkcf.org.uk)

## TOSTOCK TIDY DAY SATURDAY 10<sup>TH</sup> JULY

A big thank you to all of the volunteers who came along to The Crofts on Saturday. All of the paths in front of The Crofts were edged, with the excess grass removed. It certainly has made a great improvement and very much pleased all of the residents.



If you have any questions, want to join the volunteer list or wish to suggest tasks for future days, which could be done as part of this initiative, please contact:

[jimlanglois@btinternet.com](mailto:jimlanglois@btinternet.com)

Organisers: Jim Langlois, Jim Debenham, Brian Jenkins, Adrian Malcom and Anthony Scully

**NEXT TIDY DAY IS ON THE 25<sup>TH</sup> SEPTEMBER MEETING OUTSIDE THE VILLAGE HALL AT 10.00AM**

Our next Tidy Day will be on Saturday 25<sup>th</sup> September commencing at 10.00am, when we will do the yearly cut of the hedges around the playing field. Hopefully you will be able to come and support us and get involved.

## McMILLAN COFFEE MORNING 25<sup>th</sup> SEPTEMBER

**We were so amazed last year at peoples' generosity, despite the lockdown and the weather. It was the best year yet.**

**Can you join us again this year, and hopefully it will be indoors as usual.**

**Held at:- 'OAK APPLES', LEYS ROAD, TOSTOCK.**

**Time:- 10 – 12.**

**Contact us on 271127 Or 07985542178.**

**DIANNE & ARTHUR. Look forward to seeing you here.**



## 41<sup>st</sup> Tostock Art Show – New 2021 Dates

It is disappointing to hear that the Government's COVID roadmap means that we will not be able to hold the Tostock Art Show at the usual time in June. The good news is that this very popular event has been rescheduled, COVID restrictions willing, for September, alongside Open Gardens.

The artworks will be displayed in the beautiful St Andrew's Church in Tostock.

### New Diary Dates

Frid, 17 September	7pm – 9.30pm	Art Show Preview Evening
Sat, 18 September	10am – 6pm	Art Show
Sun, 19 September	10am – 5pm 11am - 5pm	Art Show Open Gardens

There are lots of opportunities to get involved over the weekend. Help is needed with setting up and dismantling the marquees and stands, baking and serving refreshments, being on the rota etc.

If you are interested in helping, please get in touch.

Diane Mathews: [dianemathews52@gmail.com](mailto:dianemathews52@gmail.com) or phone 07764872900.

Vanessa Malcom: [vjmalcom@aol.com](mailto:vjmalcom@aol.com) or phone 07912 419936

### Art Show organisers



# Tostock Village Hall News

## August & September 2021

### The Village Hall is open and ready for hire ...

As we write this newsletter, further easing of restrictions are about to take place, with the intention of allowing the hall to safely return to near normal use. If you have any questions regarding the re-opening of the hall, please email: [tostockvillagehall@outlook.com](mailto:tostockvillagehall@outlook.com) Or if you would like to book the hall, please contact [tostocktvh@hotmail.co.uk](mailto:tostocktvh@hotmail.co.uk)



## TOSTOCK VILLAGE HALL COMMITTEE



# AGM

Annual General Meeting

### Many thanks to all who attended our AGM and subsequent Committee Meeting on 22<sup>nd</sup> June 2021.

The Committee is pleased to welcome Lizzie Gray, who joins an otherwise unchanged team of volunteers, as outlined below;

#### 2021/2022 Committee

**Chairperson** – Graham MacDowall

**Vice Chairperson** – Rosemary Lister,

**Trustees** – Graham MacDowall, Rosemary Lister, Bee Baully & Huw John.

**Treasurer:** Martin Hayman

**Booking Secretary:** Doreen Buckle

**Secretary:** Hannah Jones/Sam Guirguis.

**Committee:** Rosemary Lister, Bee Baully, Sam Guirguis, Huw John, Jo John, Gillian & Graham McDowell, Karl Seely, Ron Perks, Lizzie Gray

**Representatives:** Sarah Scully (Past & Present), Diane Mathews & Vanessa Malcom (Art Show), Alan Jones (Fireworks), Ian Friend (Football). Elizabeth Dunn: (Tennis Club).

If you have a village hall related query, please contact us on :  
[tostockvillagehall@outlook.com](mailto:tostockvillagehall@outlook.com)



## 41<sup>st</sup> Tostock Art Show 17<sup>th</sup> – 19<sup>th</sup> September 2021

The Tostock Art Show will take place over the weekend of 17<sup>th</sup> – 19<sup>th</sup> September 2021 in its usual venue at Tostock's St Andrew Church. Please see the separate notice for further information.



## Village Hall Improvement Project

The project team has spent further time reviewing the village survey, and discussed these together with the Committee. They are now using this to scope the possible improvements to the hall. If you would like to understand more about the next steps of this project, please email: [tostockvillagehall@outlook.com](mailto:tostockvillagehall@outlook.com)



Many thanks to all for kindly remembering to

## **KEEP YOUR DOGS ON LEADS**

when walking through or using the Village Hall's paths and playing fields.



### **HOLD THE DATE: TOSTOCK FIREWORKS, SAT 6<sup>th</sup> NOVEMBER 2021**

*The first planning meeting will shortly take place, and we will look forward to seeing all of the event team again. There is always space for more willing helpers, so if you weren't previously involved, and would like to be – please email [hannahgracejones@hotmail.com](mailto:hannahgracejones@hotmail.com)*



## **OPEN FOR BOOKINGS TOSTOCK VILLAGE HALL YOUR LOCAL VENUE**

**Competitive Rates of Hire Round Tables**

**Insured for up to 120 people\***

**Good Parking Marquees available for hire**

Contact Doreen Buckle on [01359 270605](tel:01359270605) or [tostocktvh@hotmail.co.uk](mailto:tostocktvh@hotmail.co.uk) to reserve it for your Event

**Booking & covid-secure restrictions may apply**

## **STEM inspired event**

As we return to some sort of normality I am planning two things for early September.

It would be great to have another Tostock STEM club on **Friday 3<sup>th</sup> Sept.**

I am working on new fun activities as well as keeping some favourites. This event will of course all be dependent on the relaxation of the Covid rules.

### **Note**

The next day, **Saturday 4<sup>th</sup>**, my exhibition of Ingenious Machines has been postponed until 2022

John Parnum.

[johnparnum@yahoo.com](mailto:johnparnum@yahoo.com) 01359 270874

## **STEM inspired event**

# TOSTOCK PARISH COUNCIL

The Parish Council held a meeting on 5<sup>th</sup> July 2021, at the Wesley Hall, Elmswell, which was attended by 6 councillors and 12 members of the public. Covid secure measures included all attendees signing in, use of hand sanitiser, social distancing and ventilation.

The council voted on five motions, of which four were carried. These included a proposal to use CIL money to purchase a conference microphone system to assist with sound clarity during council meetings. This could be made available to any group using the Village Hall if appropriate. The council also approved the contract to cut, bale and clear the Leys in line with their policy of protecting the wildflower meadow. This should be carried out in late August / early September depending on weather conditions.

In a future meeting we will be discussing the erosion of the Green and the Leys. Meanwhile we would remind everyone that there is NO Parking on the Green, unless there is no alternative (ie. Contractors working), and the parish council should be notified if skips etc are to be placed on the Green - ideally via an email to the Clerk, or in person to the Clerk or a councillor.

Thank you.

The dates for council meetings for the rest of 2021 were agreed and are 23<sup>rd</sup> August 2021; 11<sup>th</sup> October 2021 and 6<sup>th</sup> December 2021. For the remainder of 2021 the Parish Council will be meeting on a Monday, but the venue will be decided in line with the restrictions in place at the time. A former councillor has applied to the High Court for a Judicial Review of the Notice of Vacation of Office that was issued in early July. The Council is responding to this and expects a further update in late July (after the date of writing). We would like to take this opportunity to thank the anonymous donor who has contributed towards the council's legal costs.

## REPORTING TOOLS

Highways Reporting Tool ([www.suffolk.gov.uk/roads-and-transport](http://www.suffolk.gov.uk/roads-and-transport)) for issues with **Potholes, Footpaths, Overhanging or fallen Trees/Hedges, Flooding etc.**

Environmental Health Reporting Tool ([www.midsuffolk.gov.uk/environment/](http://www.midsuffolk.gov.uk/environment/)) for issues with **Anti-Social behaviour and Other environmental problems.** Waste Reporting Tool ([www.midsuffolk.gov.uk/waste-services/dog-bins-litter-and-fly-tipping/](http://www.midsuffolk.gov.uk/waste-services/dog-bins-litter-and-fly-tipping/)) for reporting **Fly tipping.** Please note that **garden waste (grass cuttings, hedge clippings etc)** dropped at the roadside constitutes fly-tipping.

Pip Fletcher and Julian Kearsley  
Chair and Vice-Chair, Tostock Parish Council



To

Albert Welham

(the croft)

Who celebrated his 100th Birthday on 19th June 2021



## **BINGO sessions in Tostock Village Hall**

I am sorry to let all those Bingo enthusiasts that used to attend our monthly sessions once a month that Pauline, Rosemary and I will be unable to continue running these. All our current situations have changed making it virtually impossible to carry on.

I know the sessions have been a great hit and we have enjoyed running them over the last nine years or so – a great social occasion with plenty of laughter and chat (we did do bingo as well!), along the way. We have also supported the local hospices with very generous financial contributions from our funds. All in all some super memories of our time spent together.

If there is anyone in the village that might consider taking over the sessions I would be happy (it would need two people, and a stand in when needed) to have a chat and give you some idea of what the sessions actually entailed. My details are below, as I am now living in Elmswell on a temporary basis before I move on to Thurston once my new bungalow is built.

Lynne Jones – 01359 405290





## Greeting Cards



I have a selection of Suffolk and Tostock local scenes printed onto A6 Greeting Cards which cost £2.50 each. They are all my own pictures, taken over the last few years.

Each card is individually wrapped in a sealed cellophane wrapper, with a white envelope and are blank allowing you to add your own personal greeting.

If you are interested, please contact me for a full list:

Jim Langlois, Pynnor, Norton Road, Tostock

Tel No: 01359 270456

[jimlanglois@btinternet.com](mailto:jimlanglois@btinternet.com)

### Excerpt from The Tostock Chronicle No134 dated Oct/Nov 1982

#### T.V. TOSTOCK

So Tostock's brief appearance before the Television cameras is over – but what a pity we shall not be there to enjoy the viewers' ecstatic "Oohs" and "aahs" (in Swedish of course) when it hits their T.V. screens.

The unit personnel were charming and the interruption to our typical village way of life was minimal, although on the day we chanced upon them at work a small boy was trundling a very large and gaudy parrot across the Green on a wheelbarrow! Typical of Tostock? Perhaps, but somehow we seem not have noticed it before. Anyway, most of the best-loved fairy tales originated from Scandinavia in the first place and may be Tostock is in at the start of a new one.

### TOSTOCK CARPET BOWLS CLUB

We are now bowling mainly on Thursday evenings, 7pm to 9pm in the village hall. Most of our members have been quite happy to bowl again since the restrictions have been relaxed.



We have our AGM at the end of the month. The Bury League AGM will be early August when we will find out other clubs ideas regarding moving forward with the League.

**If anyone would like to come along and give bowls 'a go'  
please give Keith a ring on 270364 or Doreen on 270605.**



## Tostock Past & Present Society



Now that restrictions are being lifted, the Society will resume meetings in the Village Hall on Tuesday September 7th. Knowing that some of our Members paid a full subscription in February 2020, the Committee will put forward proposals with particular reference to subscriptions and the next AGM, immediately prior to the meeting.

**Our meetings start at 7.30pm in the Village Hall.**

Anthony Scully (Chairman)

### 2021

September 7th - Clive Stevens - **The Friendly Invasion of the USAAF during WW II In East Anglia.**

Clive has carried out many presentations across E.Anglia and his topic is a study of local social history. The story in its own right represents the loss of some 26,000 young US Servicemen flying daylight combat operations from England during WW II. The talk will be illustrated with one of the finest collections of archive colour photographs taken in Suffolk & Norfolk between 1942 & 1945

October 5th - Clive Shepherd & Maria Cook - **The Blood Runners (transporting blood & life saving commodities round the UK)**

Clive and Maria are highly recommended speakers, and very passionate about their role in the organisation, which is solely funded by public donations.

November 2nd- Ashley Cooper - **A Thousand Years of Local Literature, Letters & Diaries from East Anglia**

Many of us will remember our visit to Ashley's Roman Villa. This time Ashley will give a talk exploring our regional literary links. From the Anglo Saxon Chronicles to Jocelyn de Brokeland of Bury St Edmunds; from Chaucer's tales to Shakespeare, Defoe, Dickens and Ronald Blyth.

December 7th – David Lilley - **The Mitford Sisters**

Once again we welcome David, who will be talking about the infamous Mitfords, a family from the Junior Aristocracy who scandalised society in the 1920's, 30's, & 40's. This was the generation of Evelyn Waugh's bright young things. Genius & eccentricity were their hallmarks.



**St Andrew's Church Tostock**

**(Benefice of Pakenham, Norton & Tostock with  
Great Ashfield, Hunston & Stowlangtoft)**

Rector: Revd Katherine Valentine Tel 01359 235095

Email: [kavalentine677@gmail.com](mailto:kavalentine677@gmail.com) (new email!)

**Website:** for more details of all our churches - including Tostock - see the national Church of England website  
[www.achurchnearyou.com](http://www.achurchnearyou.com)

Our benefice Church magazine is also available online at [www.vcnews.org.uk](http://www.vcnews.org.uk)

**BENEFICE CHURCH SERVICES & OPENING TIMES AUGUST 2021**

Please find below details of the services we plan to hold in August. Tostock & Pakenham are now open every day for private prayer, Norton on Sundays and Wednesdays 10am-4pm, and Great Ashfield Sundays only 10am-4pm.

Services for September are yet to be confirmed, but should be returning to a fuller rota. Please see local church notice boards for more information, or feel free to contact me or your churchwardens.

<b>1ST</b> 8am 10am	<b>9TH SUNDAY AFTER TRINITY</b> Holy Communion (BCP) Family@Church	Norton Pakenham
<b>8TH</b> 10am 11am	<b>10TH SUNDAY AFTER TRINITY</b> Holy Communion (BCP) Benefice Holy Communion	Tostock Pakenham
<b>15TH</b> 10am 10am	<b>7TH SUNDAY AFTER TRINITY</b> Benefice Holy Communion Morning Worship	Norton Great Ashfield
18th 10am	Wednesday Holy Communion (BCP)	Pakenham
<b>22ND</b> 10am 10am	<b>12TH SUNDAY AFTER TRINITY</b> Holy Communion (BCP) OUTDOOR PET SERVICE	Hunston Tostock
<b>29TH</b> 10am	<b>13TH SUNDAY AFTER TRINITY</b> Benefice Holy Communion	Stowlangtoft

**ALL CREATURES GREAT AND SMALL**

**OUTDOOR PET SERVICE 22ND AUGUST 10AM AT TOSTOCK CHURCH**

All pets and their owners - large and small!! - are very welcome to this simple service of blessing and thanksgiving for the animals that are a part of our daily lives and of our beautiful world. The service will be outside, so please bring chairs or rugs to sit on and umbrellas if the weather looks a bit dodgy!

**SAVE THE DATE - HARVEST WEEKEND**  
**OUR HARVEST SERVICE IN TOSTOCK WILL BE ON SUNDAY 26TH SEPTEMBER,**  
**WITH GIFTS OF FOOD GOING TO BURY WOMEN'S AID CENTRE.**  
**DETAILS STILL TBC BUT PLEASE PUT IT IN YOUR DIARIES!**



**£618—33**

Thank you to all who gave so generously in Christian Aid Week.

And a special thank you to all our collectors and supporters who give their time so willingly to ensure a successful week.

Barney Harrison  
May 2021

## **St Andrew's Church News**

On Saturday July 3<sup>rd</sup>, the Memorial Service for Roger Lister was held in the Churchyard, attended by a large number of family and friends.

The Service was led by Revd. Katherine Valentine. Rosemary, Penny and Sally-Ann gave lovely "family" tributes to Roger and we were all able to remember him as we had known him.

The **Monthly Coffee mornings** on the Green are continuing while the good weather lasts, the next Will be on **Tuesday August 10<sup>th</sup>, at 10:30 am** – do come along and join us!

On Sunday August 22<sup>nd</sup>, at 10 am we have the annual Pet Service, always very popular with pets and people!

The Floodlights are sponsored for August by Emma Ensten in memory of her father, Glyn Morris.

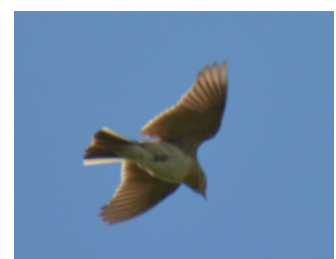
Jeanne O'Reilly

Ever since the early days of my childhood I’ve enjoyed and loved music and song, there is not one particular sort or type but a complete variety, from pop, rock, orchestral, opera, classical, country etc. the list goes on. However, certain pieces of music constantly stick into your mind for ever, inevitably you never ever forget them. One piece that immediately comes to mind straight away is Dvorak’s largo played by the New World Symphony which is the music of the commercial “The Little Hovis Bakers Boy” pushing his bike up the steep gold hill at Shaftsbury.



For your imagination

So what you all might be asking yourselves now is, what has music to do with my Country life article, well the answer is there are a lot of composers over the years that often incorporate bird song into their compositions. That’s, exactly what I intend to do here. Introduced to you through two fine pieces of music, our two most beautiful songbirds and bring you a few photos for you to view for this edition. The two pieces of music in question – the first is Ralph Vaughan Williams “The Lark Ascending” and the second “The Nightingale sings in Berkley Square” music written in 1939 by Manning Sherwin, lyrics by Eric Maschwitz. These are two more pieces of music that stick in my memory, so the two birds which are arising from this music is the Skylark and the Nightingale. Both have absolutely been singing their hearts out this Spring down at Grove Farm which is now the (Black Bourn Nature Reserve) and also both have been in full view. In fact you didn’t even need to get out of your car to hear and see the Nightingale as it was so prominent in the car park and the Skylark high above in the sky in the open fields. Which reminds me as a child walking to school early in the morning on a hot summers day it was a familiar site to see and hear the Skylark way above you. it’s much rarer site these days, but this year has been the exception and has been heard and seen in abundance.



Skylarks

Apart from the Nightingale, no bird in these islands have been more celebrated in poetry or music than this famous and much loved songster. A male will often sing from dawn to dusk, sometimes from a perch but usually in his typical fluttering song flight in which he may ascend more than 100 meters above the ground. Hence the song “The Lark Ascending” The constant outpouring of song can last for up to 15 minutes and is delivered at a frenetic pace. It is a medley of quavering trills, whistling sounds and chirruping notes, as well as occasionally mimicry of other birds, with some sections rapidly repeated. Skylarks sit tight at the approach of a human, exploding into the air at the last moment and often flying low over the ground before landing again in cover. Take off and landing are fluttering, while in forward flight they have a distinctive floppy, undulating flight action, with rapid flaps and glides. The flight call is a rolling tschruip or priit. At 16/18 cm in length the Skylark is a large and robust Lark with rather non-descript grey/brown and bluff plumage, streaked above on the breast. In flight, it shows a prominent white trailing edge to the wing and, when fluttering or hovering, white outer tail feathers. The male can erect a short crest on the crown when alert.

Continued

Skylarks are birds of open country and occur across in Britain and Ireland in farmland, heathland and coastal marshes, though they have recently suffered a dramatic decline. They build a simple grass nest concealed among vegetation on the ground. They feed on insects and other invertebrates as well as seeds. Our upland breeders move south in Winter. Visitors from northern and eastern Europe Winter here.

Nightingales – famed across the whole of Europe over thousands of years of history for having the most beautiful of all bird songs, the nightingale has been celebrated in a vast body of poetry. The rich, loud and complex song is especially powerful when heard in the dead of the night. Hence it singing its heart out in Berkley Square as the song suggests (I've got my doubts).

Although males also sing by day, especially when they have first arrived and defending a territory such as it was down the car park at Grove Farm this spring as mentioned. It is a long, abruptly varied sequence of different sounds. Most characteristic is the repeated slow, fluting, piu piu piu..... increasing in intensity, while other elements are rapid, staccato, chok chok sound, melodic chuckles, rippling trills and gurgling. A dramatic effect is heightened by silences between each phrase, I just wish I could bring you the sounds of both of these birds as well as these pictures.



Nightingale singing away in the car park at Grove Farm less than a mile away from Tostock this Spring

The plain appearance of the singer is unfamiliar to most people, owing to its reluctance to emerge from its dense cover, it's not the case in the car park at Grove Farm. It is larger 15-16.5 cm long and far less portly than a Robin, with a longer tail. If glimpsed the tail aids identification, being entirely rusty red, contrasting with the brown upper parts. The underparts are a plain sandy-buff and there is a pale ring around a large black eye. The nightingale requires habitats with dense ground cover, such as the edges of coppiced woodland, dense hedges and scrub with brambles, often near streams. It eats mainly insects. It's nest of leaves and grass is low down and well concealed. The bird is on the north-western margin of its range here, largely restricted to south-east of a line drawn from the Severn Estuary to the Humber Estuary. After major declines, it is most abundant in Norfolk, Suffolk, Essex, Kent and Sussex. A long distant migrant, it arrives here in April and leaves between late July and September to Winter in central Africa. Going back in time, late 50's early 60's, I wonder how many of you can remember 2 very well-known celebrities that lived here in Suffolk. Both of them renown as bird impersonators come whistlers – Percy Edwards who lived not very far from Tostock, the other – Ronnie Ronalde an Australian who was also a singer, he lived out in the Bungay direction. Both often heard on the local radio. Percy could mimic and whistle a sound of almost every bird possible and was a great entertainer at local events. We hired him once at our Nowton Cricket Club Annual Dinner. As well as giving him and his wife a free dinner each, his fee for the night almost broke the club's entire funding which we had at the time. Whilst on the other hand Ronnie could make his sounds travel, so that you got the impression the bird was flying around the four corners of the room. His most famous song was called "In a Monastery Garden" where the bird song was coming from all directions. Great stuff indeed. It sounded absolutely real. Another great song was "Autumn Leaves". If there is a hundred things to see and hear before we die then the Skylark and Nightingale have to be two of them surely ?? My opinion anyway.



Continued

The lyrics to A Nightingale sang in Berkley Square  
When two lovers met in Mayfair so the legends tell  
Songs birds sing and Winter turns to Spring  
Every winding street in Mayfair falls beneath the spell

I know such enchantment can be  
Cause it happened one evening to me  
That certain night, the night we met  
There was magic abroad in the air,  
There were angels dining at the Ritz  
And a Nightingale sang in Berkley Square

I may be right, I may be wrong  
But I'm perfectly willing to swear  
That when you turn'd and smiled at me  
A Nightingale sang in Berkley Square  
The moon that lingered over London town,  
Poor puzzled moon, he wore a frown

How could he know we two were so in love,  
The whole darn world seemed upside down  
The streets of town were paved with stars,  
It was such a romantic affair,  
And as we kissed and said goodnight,  
A Nightingale sang in Berkley Square

Our homeward step was just as light  
As the tap dancing feet of Astaire  
And like an echo far away,  
A Nightingale sang in Berkley Square  
I know, 'cause I was there, that night in Berkley Square

THE END



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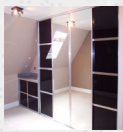


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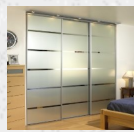
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# TOSTOCK TENNIS CLUB WELCOMES NEW MEMBERS



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TREASURER/MEMBERSHIP - ELIZABETH DUNN

SECRETARY - SUSIE WALTON

COMMITTEE MEMBERS - JOHN AND LIZ ADAMS AND NIGEL KAINES

## MEMBERSHIP FEES 2020-21

FAMILY MEMBERSHIP £40

COUPLES MEMBERSHIP - £25

ADULT (SINGLE) MEMBERSHIP - £15

CHILDRENS MEMBERSHIP (U16S) - £5

WE WOULD ENCOURAGE FEES TO BE PAID BY BACS BUT CASH AND CHEQUES ARE ALSO ACCEPTED.

BACS DETAILS: ACC: 01082391 AND SC: 30-91-49

PLEASE STATE YOUR NAME AS REFERENCE

GUEST COURT FEES APPLY - ADULTS £2 AND CHILDREN £1

IF YOU WOULD LIKE ANY FURTHER INFORMATION ABOUT THE CLUB OR WOULD LIKE TO CONTACT US. PLEASE CONTACT:

ELIZABETH DUNN (01359 270270) - [EJD1@TALKTALK.NET](mailto:EJD1@TALKTALK.NET)

OR

SUSIE WALTON (07793406076) - [SUSIEWALTON85@GMAIL.COM](mailto:SUSIEWALTON85@GMAIL.COM)

## Country living



Fornham House has extensive gardens, with long shady paths around the home. The gardens have lovely private areas for families to meet and staff supporting residents outside. Other garden areas will be further developed with residents taking on active jobs.

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Brand new purpose built extension with 17 en-suite rooms

The design is beautiful, open and yet intimate. It is safe, comfortable living at its best, with emphasis on individual care needs. Every room has a view. The corridors with high ceilings, give accessibility from every area in the house and allows the resident to walk freely and safely. Access to the very large decked area is gained through doors leading from the dining area.

Doors to the courtyard and lounge gives access to a small intimate outdoor garden. The residents will develop this garden further. This is where many residents will have the opportunity to

plant at their hearts content. The beautiful wall colours of the walls and carpets will complement all of your personal items, personalising your space.

- Stylish communal lounges and dining
- Dementia friendly environment will be further developed by the people who are going to live in this community
- Extensive decked area and external courtyard
- Modern fittings yet still in keeping with the traditional setting of the house



Fornham House  
Part of the Healthcare Homes Group

Fornham House is situated in the picturesque village of Fornham St Martin, just a couple of miles from the centre of Bury St Edmunds.

## Facilities Available

- 71 bedrooms
- Popular residential home, offering high quality care and support
- In-house hairdressing salon offering usual services plus manicures and hand massages
- Caters for special dietary requirements
- Beautiful extensive gardens
- Large day rooms
- Well located to enjoy amenities in Bury St Edmunds



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Together we **respect** with **compassion** we care, through **commitment** we achieve



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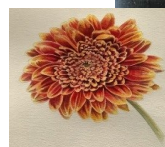
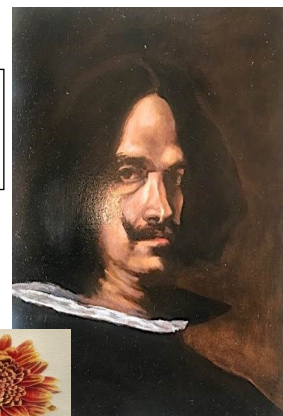


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NEXT EDITION: Is for

**October/November 2021**

Please may I have your  
contributions on or

**BEFORE 19<sup>th</sup> September**

preferably in word or publisher format, much appreciated.

[shirley.nice@btinternet.com](mailto:shirley.nice@btinternet.com)

More details and the latest up to  
date

information, Is available on  
our village website.

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