

April /
May
2023

375

Tostock Chronicle

Get the latest on news
and events online at
www.tostockpc.org.uk

For this Chronicle I was hoping to have an article on all those who had nominated themselves for election to the Parish Council, but to date no-one has contacted me. I think the closing date is 4th of April so let's hope we get some nominees. All the details you need are on the website, under the new heading "Elections" on the main page.

I am creating a "pamphlet" which I'm calling "Things to do in Tostock" and it will be about ... things to do in Tostock. I have asked all the clubs to submit a short piece on their club and activities. I hope to put it together as a PDF which can be downloaded from the website, hopefully by early May.

Tostock's Coronation Celebrations - see the back page for all the details.

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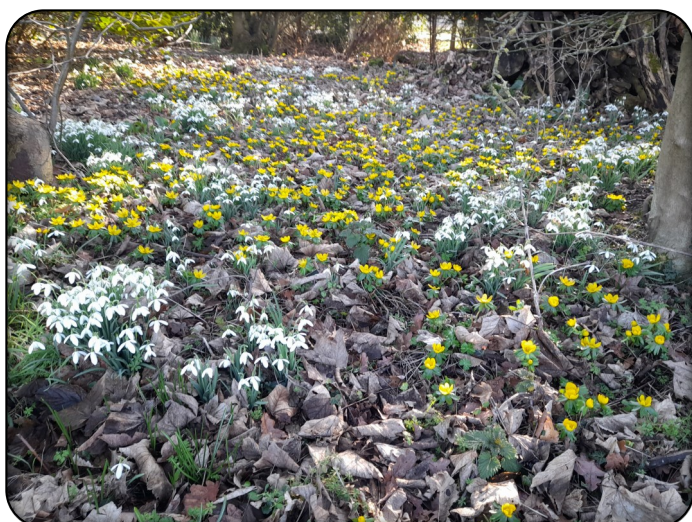
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*If you want to write an
article for the Chronicle,
just let me know.*

Tree Watering - May to August



A tank has been installed at the back of the Village Hall. Please bring your own watering can and try and water your trees once a week from May onwards.



Regulars

Coffee Mornings

Every 2nd Tuesday of the month from 10.30 am. In the village hall.

Past & Present

Every 1st Tuesday of the month from 7.30 pm in the village hall

Bingo

Every last Tuesday of the month from 2.00 pm

CountryLife @ 50

Derrick Poole has reached his 50th edition of his CountryLife articles in the Tostock Chronicle with this issue. Derrick's first article was in the February/March 2014 issue of the Chronicle on being asked by Sheena Waitkins, the then editor. This was due to an article he had written in the December of 2014 for the Tostock Barn Owl Project. As we know owls are a particular passion to Derrick who makes and erects many owl boxes that we see around the village. Derrick can usually be seen daily around the village and fields armed with his camera. His knowledge of wildlife and wild flowers is impressive along with where to see them.



The countryside articles were his idea of bringing the countryside indoors for those who were, for whatever reason, unable to get out and about. He has many readers who closely follow him. One such person I spoke to said that they eagerly looked forward to receiving the Chronicle for this and thoroughly enjoyed reading them. So for 9 years Derrick has seen his idea come to fruition and enjoyed by many. How he manages to keep the articles going is quite staggering.

Hopefully, he will manage to keep us entertained for years to come.

Congratulations Derrick.

Jim Langlois

Mobile Library

The mobile library will be in Tostock on the following dates for the next two months -

April 21st
May 19th

Perkins Way 15.40 - 16.00
Gardners Arms 16.05 - 16.25

Tostock Media

Tostock Chronicle Editor



Kim Mars
kim.mars84@gmail.com
07950 682499

Photographer



Jim Langlois
jimlanglois@btinternet.com
01359 270456

Tostock Website



Adrian Malcom
adrianjmalcom@aol.com
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Tostock Village Hall News

Tostock Village Hall Committee



The Village Hall Committee last met on Monday 6th February. We are due to hold our **Annual General Meeting (AGM)** on **Monday, 17th April at 7pm** in the Village Hall – all are welcome. The Village Hall's AGM is the ideal opportunity to find out more about how you can help maintain and improve the village hall and its outside areas. We have four meetings a year which are kept informal, often discussing future fundraising & many other sociable aspects of village life.

If you have any matters relating to the village hall or its playing fields that you would like to be discussed, please email tostockvillagehall@outlook.com.

Sunday, 7th May 2023

Village Celebration of King Charles III Coronation

See the back page for further information



Village Hall Committee Room: Refresh & Update

The Committee Room in the Village Hall is currently being refreshed and updated. The room, which best suits smaller meetings of around ten people, has been redecorated and new flooring has been installed - finishing touches are in hand. WiFi is also now available for all users of the village hall. Bookings can be made by the hour, with more reasonable rates of hire for village residents – please email tostocktvh@hotmail.co.uk for all booking enquiries.

2023 REMEMBER TO HOLD THE DATE! The next **Tostock Art Show** will be held over the weekend of **2nd – 3rd September 2023**, with the popular Preview Evening taking place on Friday, 1st September 2023.

The Village Hall Improvement Project remains in its fund-raising stage which involves looking at grant applications. This stage of the improvement project management process should be complete by the end of this year, and will enable us to decide on our intended plan to improve the hall and to obtain planning permission for the agreed approach.

You can continue to have your say on how we can design a more versatile & inclusive space, which not only continues to meet our existing needs, but also provides a foundation for future community growth. **Access the information online via** www.affectcommunity.org

Tostock Past & Present Society

(Founded in 1987 & now in its 36th Year)

The Society runs 9 meetings a year on the first Tuesday of each month at 7.30pm in the Village Hall. The annual membership fee is £18 or £4 per meeting.

Topics are either historical or current. We also Hold the **Village Archives** and there will be an open day in the VH on **Sat July 8th** 10.30-4.00.

These evenings are enjoyable and always followed by a social period when there is an opportunity to chat with other Villagers over a cup of tea or coffee. We normally have between 25 and 40 members.

To keep going we need new members so please come and try us out.

For further information contact Anthony Scully 01359270482 email a.rod.scully@gmail.com.



Speakers for Tostock Past & Present Society 2023

(7:30 pm in the Village Hall)

April 4th - George Agnew *The History of Rougham Hall*

May 2nd - Terry O'Donoghue 800 years of witnessing history - *The Guildhall, Bury St Edmunds*

June 6th - Pip Fletcher *The Real Sound of Music*

September 5th- Clive Stevens *The Friendly Invasion - Part 2*

October 3rd - The Samaritans

November 7th - AGM + Helen Simmons *The Battle of Fornham: 17th October 1173*

December 5th – Jim Langlois & Anthony Scully *Tostock Archives*

Tostock Cribbage Team

Yet the end of another season of playing crib. Good news, this year we came second in the IDP Cribbage League. Also, Vanessa Malcom won the Ladies Singles and John Newman the Mens Singles for the Tostock Team.

Congratulations to them both.

Jim Langlois

“Spring”



Tostock Carpet Bowls Club

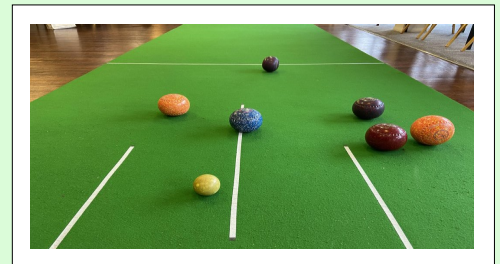
We are coming towards the end of the Bury League games, games are played until the end of April.

Two April games due to be played are -

Tuesday 4 – away to Woolpit

Thursday 20 – home to Badwell Ash

At the time of writing Tostock are 4th in the league with 4 games in hand.



Doreen Buckle

St Andrew's Church Tostock

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Email kavalentine677@gmail.com

Website for more details of all our churches - including Tostock - see the national Church of England website www.achurchnearyou.com

Our benefice Church magazine is also available online at www.vcnews.org.uk



Services at Romney Cottage, The Green, Tostock.

All are welcome to this informal worship where we sing and pray together for our village, and enjoy refreshments afterwards. Usually on the third Monday morning of the month at 10:00 am.

At the moment, our church looks less colourful than usual as we are in the season of Lent, when it is a tradition in many churches not to have flowers. But we always make an exception on the 4th Sunday of Lent, which is Mothering Sunday, March 19th this year.

Sue Marriott will be arranging beautiful flowers by the Altar in remembrance of mothers everywhere. Posies of flowers will be given to children at the Service to be given to their mothers as a "Thank you".



On Easter Day, April 9th, the Church will be decorated with lilies and all kinds of Spring flowers in celebration. If anyone would like to provide lilies "in memoriam" we would be very grateful, a stem usually costs £1:50 -£2. Please contact Julie Harrison 270247 or Jeanne O'Reilly 270337.

The monthly Coffee Mornings are growing, it is lovely to see more people attending – today (March 14th) was very busy, sausage rolls and cake being very popular ! The next will be on April 11th at 10:30am in the Village Hall.

The church is kept clean and tidy by our wonderful cleaners and we would be grateful if anyone could spare an hour or so to help. All equipment is provided ! Gentlemen are very good with the Hoover !

The Floodlights in May this year are sponsored in memory of Margaret and John Pamment, remembering his birthday on May 24th.

Jeanne O'Reilly

St Andrew's Church Tostock

APRIL - MAY 2023 CHURCH SERVICES

Our beautiful and ancient church is open every day for visitors and private prayer.

| | | |
|---|--|---|
| APRIL 2ND PALM SUNDAY | | |
| 8:00 am 10:00 am | Holy Communion Family@Church PALM SUNDAY | Norton Pakenham |
| APRIL 6TH MAUNDY THURSDAY | | |
| 7:30 pm | Holy Communion | Pakenham |
| APRIL 7TH GOOD FRIDAY | | |
| 10:00 am 10:00 am 1:30 pm 2:00 pm | Meditations Easter Garden Service Walk of Witness & Hour at the Cross All Age Good Friday Service (Village Hall at 1:30pm to make the cross) | Tostock Norton Pakenham Great Ashfield |
| APRIL 9TH EASTER DAY | | |
| 6:30 pm 9:30 am 9:30 am 9:30 am 11:00 am 11:00 am 11:00 am | Holy Communion (BCP) Holy Communion (BCP) Family Festival Communion Family Festival Communion Family Festival Communion Family Festival Communion Family Festival Communion | Norton Stowlangtoff Pakenham Hunston Great Ashfield Norton Tostock |
| APRIL 16TH 1ST SUNDAY OF EASTER | | |
| 9:30 am 11:00 am 11:00 am 6:00 pm | Holy Communion (BCP) Family Communion Morning Worship Evening Prayer & Praise | Pakenham Great Ashfield Norton Tostock |
| APRIL 23TH 2ND SUNDAY OF EASTER | | |
| 9:30 am 9:30 am 11:00 am | TOAST Family Communion Morning Worship | Great Ashfield Norton Tostock |
| APRIL 30TH 3RD SUNDAY OF EASTER | | |
| 10:00 am | Benefice Communion | Stowlangtoff |
| MAY 7TH | | |
| 9:30 am | Family@Church | Pakenham |
| MAY 14TH | | |
| 9:30 am | Holy Communion | Tostock |
| MAY 21ST | | |
| 6:00pm | Evening Prayer | Tostock |
| MAY 28TH | | |
| 11:00am | Morning Worship | Tostock |

Dr Richard Sibbes (1577—1635)

Much has been written about Richard Sibbes and here is a brief summary of his life. Richard was born in 1577 in Tostock, the eldest son of the village wheelwright Paul Sibbes. He was baptised at the Parish Church in Thurston and as a child loved books. His father tried to cure his son of books by offering him wheelwright tools, but it was to no avail. Richard's abilities were spotted and he was educated at Bury St Edmunds Grammar School before going on to St John's College Cambridge in 1595, where he received a Bachelor of Arts degree and was later awarded a Fellowship and Master of Arts.

In 1608 he was ordained a minister in the Church of England, and soon after obtained his Bachelor of Divinity. At this time Holy Trinity Church in Cambridge had become renowned for its Preachers and he was appointed Preacher in 1610. His preaching was so popular that a new gallery was built for visitors. Unfortunately, his Puritan tendencies led to him being removed. He was later reinstated by Crown appointment.

He became so widely known that in 1617 he became Preacher at Gray's Inn. This was one of the most influential pulpits in London where the Preacher's position has been ongoing for the last 450 years.

He was elected Master of St Katherine's Hall, Cambridge in 1626 and the following year became a Doctor of Divinity. He became known as "the heavenly Doctor", due to his Godly preaching and heavenly manner of life.

Sibbes was a gentle man who avoided the controversies of his day as far as possible. "Fractions breed Fractions", he insisted. His battles with Archbishop Laud, Roman Catholics and Armenians were exceptions. Sibbes made a big impression with his elaborate clothing. Most Puritan men wore flat, square collars but not Sibbes. Church canons specified plain caps but he apparently flouted this rule. His enormous frilly ruff and lacy cap stood out. He remained close friends with many pastors and leaders who wanted more radical reform than he did for the Church of England.

Sibbes was an inspiration to many, influencing Anglicanism, Presbyterianism and Independency, the three dominant parties of the Church in England at that time. He was the author of several devotional works expressing intense religious feeling – *The Saint's Cordial* (1629), *The Bruised Reed and Smoking Flax* (1631), *The Souls Conflict* (1635), etc. A volume of his sermons appeared in 1630.



Anthony Scully and Jim Langlois. Tostock Past and Present Society.

New for this Summer ...

SOMETHING NEW COMING TO TOSTOCK THIS SUMMER
GARDENS IN A WHEELBARROW
and
CRAFTS IN THE CHURCH

18TH JUNE, ST. ANDREW'S CHURCH, TOSTOCK.

As our hard working gardeners are having a well earned year off from opening their gardens this year, we thought we'd try something different. So what we would like you to do is create a garden in a wheelbarrow which will be displayed in The Church Yard, It is open to everyone, any age, lots of, or no gardening experience, all you need a wheelbarrow and lots of imagination. We would love to see children



having a go. so come on kids get, Mum, Dad Granny or Granddad to give you a hand to create your wheelbarrow garden. You can enter as a family, a Village Group or just on your own, we don't mind all we need are your gardens.

Wheelbarrows can be brought down to The Church on Saturday 17th June, where you can choose your spot to display them.

No entry fee, No competition. Just for fun.

Alongside the gardens we are planning to hold a craft exhibition/sale in The Church, so all you keen crafters get making. All types of crafts are welcome from sewing, knitting etc to wood crafts, metal work, paper crafts, jewellery, anything you enjoy making and are happy to exhibit in The Church. Those wishing to sell their items will be charged a small percentage towards Church funds. Please no Art works (paintings) as these can be shown at The Art Show later in the year.



There will of course be the usual Teas, cakes etc, plus John and Janet's fudge trolley, a plant and book stall.

We will be asking for volunteers to help with serving the teas, making refreshments etc. Tostock, we know you're very good at baking.

For more information please contact

Sue Marriott on 01359 270143 or 07988172164 or email susan_m06@hotmail.co.uk

or

Sharon Markell on 07891467273

We look forward to seeing you there with your wonderful Wheelbarrow Gardens and Crafts.

Sue Marriott and Sharon Markell

Public Notices

Maureen and Derek Beales ashes will be interred in the churchyard at 11am on the 12th April in their daughter Debbie's grave. The ceremony will last no longer than 10 minutes.

Many villagers have been exceptionally supportive and we wish to thank everyone for their kindness. Their house in Wood Close will shortly be going on the market and the vast majority of this plus other monies will be distributed equally amongst five charities including the Friends of Woolpit Surgery.

Peter Tryon Executor

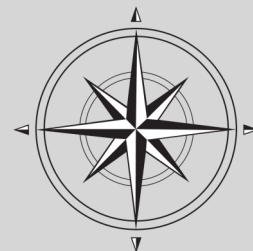
Hedge Cutting

I would like to say a very big thank you to Ned Jones & his friends for doing such a brilliant job on cutting the roadside hedge, on the playing field. It's great to see the youngsters getting involved in our lovely village.

Well done you young men!

Sarah Scully

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Tostock Open Gardens 2024

The willing volunteers who have opened their gardens for two successive years are taking a break for 2023. Some of the owners had other commitments while a few have plans and ideas for their gardens that they would like to make for next time.

We have planned a date for next year, Sunday 23rd June 2024. If there is anyone who would like to put their name forward to join the current gardens please let me know. It is always a highly enjoyable day and a great way to meet friends and neighbours old and new in the village.

To keep the garden theme going we have planned to have a display of "Gardens in a Wheelbarrow" in the churchyard at the Crafts in the Church this year on Sunday 18th June (11am-5pm). This is open to absolutely anyone in the village. It could be a collection of plants or vegetables, summer bedding. Whatever your imagination can come up with.

Please see Sue Marriott's article (Page 9) for more info.

Sharon Markell

07891467273 or email : evan.markell@btinternet.com



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SECRETARY - SUSIE WALTON

COMMITTEE MEMBERS -
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| | |
|---|-----|
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IF YOU WOULD LIKE ANY FURTHER INFORMATION ABOUT THE CLUB OR WOULD LIKE TO CONTACT US, CALL OR EMAIL -

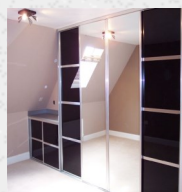
ELIZABETH DUNN (01359 270270) - EJD1@TALKTALK.NET
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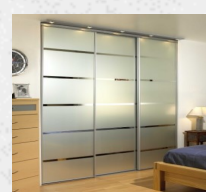
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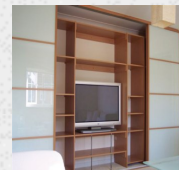


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It's a dog's life

Having a chuckle



This guy tells a great joke

I can't believe that I have actually delivered 50 CountryLife editions to you all. I am not sure as to how much longer I can or will continue to go on for. We normally associate reaching 50 with some sort of golden celebrations but regarding wildlife, yes, we do have Golden Plovers and Pheasants, and also my very favourite bird which is right at the top of the list in the number one spot – the Golden Eagle. But, unfortunately I have not got sufficient material of quality or quantity of these specific species to bring you, so what I thought I'd do for this edition is something with extra special meaning to me and something close to my heart – Owls. In this country we have 5 resident species of Owls, Barn, Tawny, Long-eared, Short-eared and Little Owls, although the latter was introduced into this country. Another factor for this edition is its now 10 years ago since we started The Tostock Community Barn Owl Project. So if we multiply the two together (5 x 10) again we reach the 50 mark which makes this a very special edition, that's my theory or logic anyway, so sit back and enjoy. The project started on the 28th February 2013 with these 4 'A' frame shaped boxes I made and contributed to the village. Put up with the kind permission of Keith Ollett, Charles Mathieson, Charles and Samantha Bowman, Robert Baker Over the 10 years we have had about 40% success rate, which is very satisfying indeed considering.



Cont..



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CountryLife

The 1st success came in 2016 at Park House, Samantha's box where 5 Owlets hatched, but only 3 survived and fledged. In 2017 again at Park House this time in Charles's box (not one I made), but helped put up we had another 5 Owlets hatched all of which fledged. 2018 bought about a different venue, this time box 4 at Robert Baker's box which is across the road opposite the Leys in the ancient meadow - just 1 single Owlet hatched and fledged successfully. Again in 2019 at the same box this time we had 4 Owlets hatched off and fledged ok. Right up until today we've had no more successes, which is rather disappointing. However, we have bred 15 Owlets in all, 13 successfully.



2016



2017



Charle's Box 2017



Robert Baker's box 2018

At least 15 adults and 8 children have attended the 4 occasions holding or viewing the Owlets in which it gives me great satisfaction – thank you all for taking part.



Robert Baker's box 2019

Meet Britain's 5 wise old resident Owls. 5 species of Owl breed regularly in Britain and Ireland, 4 of which are native and 1 of which I have already mentioned the Little Owl was introduced during the late 1800's. The Snowy Owl is a rare visitor from further north that has bred here occasionally and a small number of Eagle Owls breeding here are thought to derive from aviary escapes and deliberate releases.



Little Owl taken in the oak tree in the horse paddocks towards Rectory Farm Introduced in the late 1800's to several country estates, the smallest of our Owls feeds on small mammals, small birds and larger invertebrates. Its regularly seen during daytime and often sits out on a favoured perch close to the nest sight. Numbers are falling over recent years, a pattern also been seen elsewhere in Europe.

Population about 5,700 pairs. When alarmed, Little Owls will bob their heads up and down, and while they make varied calls, the most common is a shrill, yelping alarm call. Little Owls live in monogamous pairs such as this pair above which have been in the oak tree for a few years now using a box I put up in the tree. Not sure if they have ever bred.

Cont..



Aldred Marriott's Tawny Owl, found across Britain this is our most familiar Owl and favours woodland habitats or larger gardens or parks. I have heard 1 regularly for the last 25 years in the wood at the bottom of my garden along the ride to Rectory Farm. You are most likely to hear them at night or in the early hours of the morning. The (twit-twoo) sounds typically associated with Owls is actually the sound

of a female Tawny making a (kewick) sound followed by the answering male (hoo hoo). While it breeds early in the year with eggs being laid from around mid-March, hooting can be heard from late Autumn to early Winter. Tawny Owls need suitable tree cavities, nest boxes or old crow nests to breed in. Pairs will defend their territory with calls or even displays. This sedentary and territorial species uses the knowledge of its woodland territory to hunt small mammals from favoured perches.



Barn Owl, found across most of Britain and Ireland in grassland and farmland, but absent from upland areas.

Sedentary in habits, it feeds mainly on voles, but also takes mice and shrews. It has a wider hunting range and is more diurnal than the larger Tawny Owl and may be seen late afternoon, dawn or dusk. Numbers has declined over the last century. Population around 6,000

pairs. This species is not particularly vocal but the male makes a drawn-out screech to attract females in the breeding season, hence the nickname Screech Owl, Winter is a good time to spot them as they extend their hunting hours into daylight to find extra food – to find areas of rough grassland on still evenings. They are widely distributed in England and Ireland, with numbers peaking in East Anglia, Yorkshire and Lincolnshire. Thanks to conservation efforts they have recovered from earlier declines when they were affected by organochlorine pesticides such as DDT in the 50's and 60's. road mortality is a significant cause of death in young birds and agricultural chemicals may have had an impact. Habitat loss due to the removal of hedgerows, trees and conservation of old farm buildings also present a problem. Tostock conservation efforts are helping tremendously.

Cont..



Long-eared Owl, due to its secretive habits, this is the Owl about which we know the least. Its associated with conifer plantations and hawthorn shrub using both for nesting. This one I photographed just a mile away from Tostock down the Blackbourn Nature Reserve and have seen it 3 years out of the last 5 down there. It is more common in the North than the South or East. Numbers increase in Winter when they arrive from Scandinavia on our east coast. This shy nocturnal species is notoriously difficult to spot so how lucky was I. It roosts in thickets and dense trees in well wooded countryside, usually adopting old nests from other species. The most nocturnal of all British Owls, it is rarely seen hunting in daylight and not often heard, except during breeding season in early Spring. It may be heard in woodland on summer evenings, or spotted around the coast during migration. Its long ear tufts are not actually ears, but feathers that it raises when alarmed. A peak in calls can be heard in February to early March, the males territorial call is a soft (hoo hoo) every 2 to 3 seconds, while the female makes a higher pitched sound and both make a cat like (ree-yow). Young birds begging for food make a sharp, squealing whistle that has been likened to a squeaky gate. Conservation status green.

Cont..

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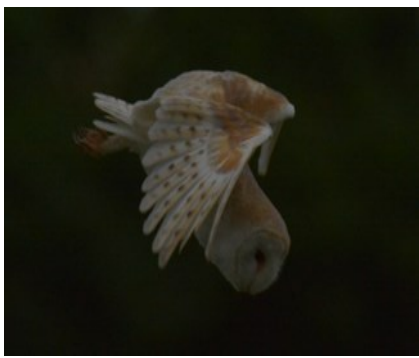
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Taken 3 months ago the last day of November 2022. Short-eared Owls are often active during the day, is restricted as a breeding species to upland moorland and, occasionally coastal grazing marsh. This latter habitat is often used in winter when it may hunt alongside Barn Owls. Rather nomadic in its movement, the bird moves between Britain and overseas in response to vole numbers. Population around 1,400 pairs. Like its long-eared relative this Owl is rarely heard in the U.K, but birds will call each other when gathered at winter hunting grounds such as Burwell Fen where I took the above photo. Though it is largely nocturnal and crepuscular (active at dawn and dusk), it is the most active of the Owls during the day and can be seen hunting in daylight. The male's call is a fast, repetitive (hoo hoo hoo hoo hoo) sound, while both male and females make a harsh barking sound. Usually found in North England and Scotland, it is most easily spotted in winter, when an influx of continental birds arrive in England. It winters in the lowlands of central and southern England and Wales, especially on the coast such as Shingle Street in Suffolk, and nests on the ground in scraped out hollows. Conservation status amber.



Barn Owl hunting in the ancient meadow Tostock. Owls senses, owls have a significant amount of binocular vision, important for a hunter that needs to judge the distance to its prey when making a strike. Sometimes an Owl will attempt to assess the distance to an object by moving its head from side to side, or backwards and forwards. Such behaviour may bring the object of their attention, or rather its image, onto that part of the retina where vision is most sensitive. This seems to be a particular feature of young Owls, which show a degree of short-sightedness before the eyes develop to acquire their adult shape and size. While Owls are unusual in the degree of head movements they make, they cannot turn their heads 360 degrees. Owls ears, although hidden within the feathering at each side of the facial disc, are able to pinpoint the source of a sound with striking accuracy. The two ears are set slightly out of line with one another, an adaptation that delivers sound to each ear at a very slightly different time. The Owl can then use this difference to help determine the source of the sound, something revealed through studies involving captive birds. Owls also show a number of other adaptations that help them catch their prey. In many species the wing feathers exhibit a microstructure that, reduces the amount of noise that the bird makes when flying. Such noise might alert small mammal prey or, perhaps more importantly, make it harder for the Owl to hear prey moving about on the ground.

I will draw a close now as I could go on for ever. Hope you have all enjoyed this 50th special edition. Please keep a look out for these various Owls around Tostock

Contacts in our Community

Tostock Parish Councillors

| | |
|-------------------------|--|
| Andrew Mellen | andrew.mellen@midsuffolk.gov.uk County councillor |
| Harry Richardson | harry.richardson@midsuffolk.gov.uk District councillor |
| Graham MacDowell | crispincottage@hotmail.com |
| Marie Johansson | oldhallstables@btinternet.com |
| Peter Boland | peter.boland@gmail.com |
| Olivia Boland | olivia@tostockanimalparks.co.uk |

Village Officers

| | |
|------------------|-----------------------|
| Tree Officer | Vacant |
| Footpath Officer | Vacant |
| Litter Picker | Oliver Holland |

Poor's Estate

| | |
|-----------------------|--------------|
| Sharon Markell | 01359 271190 |
|-----------------------|--------------|

St Andrews Church

| | | |
|----------------|---|--------------|
| Rector | Katherine Valentine kavalentine677@gmail.com | 01359 235095 |
| Church Wardens | Jeanne O'Reilly | 01359 270337 |
| | Barney Harrison barneybees@hotmail.com | |
| Bell Ringers | Sue Marriott | 01359 270143 |

Village Hall

| | | |
|---------------|--|--------------|
| Chair | Graham MacDowell crispincottage@hotmail.com | |
| Hall Bookings | Doreen Buckle tostocktvh@hotmail.co.uk | 01359 270605 |

Clubs

| | | |
|----------------|--|--------------|
| Bingo | Diane Brewer | 01359 271127 |
| Book Club | Julie Harrison | 01359 270247 |
| Brownies | Krystie | 07975 556448 |
| Carpet Bowls | Doreen Buckle | 01359 270605 |
| Cribbage | Jim Langlois | 01359 270456 |
| Crochet | Sarah Reader reader-family@tiscali.co.uk | |
| Past & Present | Anthony Scully | 01359 270482 |
| Rainbows | Krystie | 07975 556448 |
| Tennis Club | Elizabeth Dunn ejd1@talktalk.net | 01359 270270 |
| | Susie Walton susiewalton85@gmail.com | 07793 406076 |

Village Map

<https://tostockpc.org.uk/our-village/tostock-village-map/>

More details and the latest up to date information can be found on our village website.

www.tostockpc.org.uk

Community Services

Emergency Police/Fire/Ambulance 999

Utilities

| | |
|-------------------------------------|--------------|
| Energy power failures & Emergencies | 08007 838866 |
| Anglian water | 08457 145145 |

Health

| | |
|-----------------------|--------------|
| Woolpit Health Centre | 01359 240298 |
| Out of Hours | 111 |
| West Suffolk Hospital | 01284 713000 |
| BMI Hospital | 01284 701371 |
| St Nicholas Hospice | 01284 766133 |

Advice

| | |
|------------------------|--------------|
| Relate | 01284 767305 |
| Samaritans (free call) | 116 123 |
| Drugs Hotline | 0800 253 253 |
| Citizens Advice Bureau | 01284 753675 |

Police

| | |
|----------------|-----|
| Non-emergency | 101 |
| Crime Stoppers | 555 |

Councils

| | |
|------------------------------|--------------|
| Suffolk County Council | 03456 066067 |
| Mid Suffolk District Council | 0300 1234000 |

Education

| | |
|----------------------------|--------------|
| Thurston Community College | 01359230885 |
| Norton Pre-school | 01359 232736 |

Pub

| | | |
|---------------|---------------------------------|--------------|
| The Gardeners | Steve & Jill Gardner | 01359 270460 |
|---------------|---------------------------------|--------------|

Leisure

| | |
|---------------|--------------|
| Cineworld | 0330 3334444 |
| Theatre Royal | 01284 769505 |
| Apex | 01284 758000 |
| Picture House | 01284 754477 |

Travel

| | |
|---------------|--|
| Bus Timetable | www.suffolkonboard.com |
| Rail | 0845 7484950 |
| Dial a Ride | 01440 712048 |

The Tostock Chronicle is a bi-monthly newsletter for the people of Tostock, published by the Tostock Parish Council, and partially funded by advertising

NEXT EDITION

June / July 2023

Please may I have your contributions on or before **15th MAY** preferably in word format, much appreciated.

kim.mars84@gmail.com

07950 682 499

Coronation Celebrations

Sunday 7th May

from 2:30pm
in the Village Hall



Join with Tostock to celebrate the crowning of King Charles III.

Bring and share afternoon tea between 4pm and 5pm



Listen to Jazz-Funk from The Gray Project, who will be playing between 3pm and 4pm, and again between 5pm to 6pm.

Monday 8th May

Family Treasure Hunt

Starting at 11:00am from the Village Hall

All ages welcome

As part of the Big Help Out please be prepared to pick up litter if you see it. Bags will be provided.