

February /  
March  
2023

374

# Tostock Chronicle

Get the latest on news  
and events online at

[www.tostockpc.org.uk](http://www.tostockpc.org.uk)

What a Christmas tree that was !  
Brilliant concept, very well created.  
Well done to all the people involved  
in getting that one built. And to John  
Parnum for his excellent Ingenious  
Machines exhibition. And to those  
who organised the successful  
Christmas Fair and tree planting.

In May this year we look forward to  
Tostock's first Parish Council  
elections for 40 years, and Jane  
Storey has come up with a  
wonderful, timely article for all those  
who wish to nominate themselves for the job of  
councillor. This is your chance to help the community  
and your neighbours.

In the April Chronicle I hope to have an article on all  
those who have nominated to be elected, so if you are  
nominating please send me a photo and a few  
paragraphs about yourself so I can compile the list.



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*If you want to write an  
article for the Chronicle,  
just let me know.*



## Regulars

### Coffee Mornings

Every 2<sup>nd</sup> Tuesday of the month from 10.30  
am. In the village hall.

### Past & Present

Every 1<sup>st</sup> Tuesday of the month from 7.30  
pm in the village hall

### Bingo

Every last Tuesday of the month from 2.00  
pm

## Ingenious Machines

### Ingenious Machines Exhibition

19th / 20th November

Congratulations to John Parnum ably assisted by his wife Jane on the success of the Exhibition of Ingenious Machines in the Village Hall held over 2 days. Due to his organisation and advertising people came from far and wide to see John's machines. Never were so many enthusiastic retired and budding engineers in one room at the same time.

I know he would like to thank everyone who helped to set up the Exhibition, those who made cakes, served refreshments and all the people who visited. Amazingly he raised £1048 for the charity EACH (East Anglia Children's Hospice)

Well done John & Jane.

At the same time 31 trees were planted on the playing field to celebrate the Platinum Jubilee of our late Queen Elizabeth II. Thanks to Anthony Scully who managed to source these trees from the council along with stakes and ties. With help from Sarah the planning of the two days was spot on. Apologies to those who didn't manage to get a tree. It was a great joy to see so many folk with spades and watering cans on the field.

Both these events running simultaneously provided a happy, social occasion.

**Rosemary Lister**



## Tostock Media

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**Adrian Malcom**

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07921 010 878

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**01359 270605**

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to reserve it for your event



## Tostock Village Hall News



The Village Hall Committee will meet again on Monday, 6<sup>th</sup> February 2023. If you have any matters relating to the village hall or its playing fields that you would like to be discussed, please email [tostockvillagehall@outlook.com](mailto:tostockvillagehall@outlook.com).

As the Committee has not met since the last Chronicle, our news is more limited this month, but there will be more to update soon.

In the meantime, may we wish everyone a happy and healthy 2023.

### VILLAGE HALL IMPROVEMENT PROJECT

The Village Hall Improvement Project is in its fund-raising stage which involves looking at grant applications. This stage of the improvement project management process will last for eighteen months to two years, and will enable us to decide on our intended plan to improve the hall and to obtain planning permission for the agreed approach

## Tostock Crochet Christmas Tree

A very **big thankyou** to everyone who helped make an idea from the beginning of last year come to fruition.

**Lisa Bright, Doreen Buckle, Sharon Burman, Nicki Callow, Viv Creamer, Pauline Heywood, Liz Jenkins, Kath Lord, Vanessa Malcom, Nikki Menarry, Jackie Ward, Dianne Brewer, Gail Moyle, Jim and Karen Debenham and Steven Reader.** Frame materials were donated by: **Elliot Lebbon Oak Park, Paul Callow and Mark Burford** and lights lent to us by the **PCC**.

350 squares, hours of crafting and many cups of coffee and slices of cake eaten, the tree was erected on the village green in time for the Christmas period. We even made page 3 of the EADT paper and featured on various Facebook pages where we received hundreds of 'likes'!

We hope you all enjoyed an alternative Christmas tree on the green, as much as we all enjoyed making it.



*There is to be a meeting in the village hall on Monday 6<sup>th</sup> March at 10am to start the next exciting Christmas crochet/knitting project, if anyone would like to join in do come along, coffee and cake provided or if you have any wool you would like to donate that would be much appreciated too.*

**Sarah Reader**

## Tostock Past & Present Society

Our final meeting of 2022 was well attended and saw the return of Doug Patterson who gave a very interesting and illustrated talk on how, as an artist, he coped with the pandemic. Originally Doug was due in Egypt and instead had to divert to Suffolk where he completed a range of charcoal drawings of 12 prominent Suffolk Estates. The meeting was followed by a bring and share supper.



Last November John Parnum ran an excellent exhibition of Ingenious Machines. John is back and we begin 2023 with a talk by John on Inventions from the last 600 years.

All our meetings are in the Village Hall on the first Tuesday of the month at 7.30pm. Non-members are always welcome. For further information contact Anthony Scully 01359270482 email [a.rod.scully@gmail.com](mailto:a.rod.scully@gmail.com).

### **Speakers for Tostock Past & Present Society 2023**

(7:30 pm in the Village Hall)

February 7th - John Parnum Inventions from the last 600 years which have benefited us (from the printing press, vaccines, LED's, lego, velcro, MRI & CT scanners)

March 7th - Chris Parfitt The Isles of Scilly (an exploration of these lovely islands at the southern tip of England)

April 4th – George Agnew The History of Rougham Hall

May 2nd - Terry O'Donoghue The Guildhall Bury St Edmunds - 850 years a witness to the town and county

June 6th - Pip Fletcher The Real Sound of Music

September 5th- Clive Stevens The Friendly Invasion-Part 2

October 3rd - The Samaritans

November 7th - AGM + Helen Simmons The Battle of Fornham:17th October 1173

December 5th – Jim Langlois & Anthony Scully Tostock Archives

## News from St Andrew's Church Tostock

The four weeks of December are always very busy at St. Andrew's as we prepare to celebrate Christmas, the Church was beautifully decorated ready for the first event, the Carol Service, with well-known carols and readings. People were very generous, bringing gifts for the children of the Bury Refuge, which are much appreciated.

Our December Coffee Morning was held to raise funds for the Salvation Army, thanks to the kind people who came along for coffee, cake and chat £196 was raised. The Coffee Mornings are held on the second Tuesday each month, 10:30 at the Village Hall – if you haven't been before, come along and meet new friends!

On November 26<sup>th</sup>, the Christmas Fair was a great success with our usual stalls and competitions, lunches, teas and the Hamper raffle, and three new stalls to add interest, the Craft group, Christine with her gingerbread, and Kathleen with scented diffusers. The Hall looked very festive and everyone enjoyed the afternoon which raised £848 for Church Funds.

Another Tostock "tradition" took place on December 20<sup>th</sup> when the Salvation Army Band from Norton came to play carols in Church. We all sang along with the music and enjoyed the readings. A collection was taken for the Band, and we hope they will be able to come again next year!

On Christmas Eve, the children came to hear the story of the birth of Jesus in the stable told by Revd. Katherine and the figures were placed in the crib (chocolates were given out at the end of the service). Revd. Jay Price officiated at our Christmas Day Service of Holy Communion.

All these events were only possible because of our wonderful helpers who gave their time in many ways, flower arrangers, cake-makers, stall-holders, furniture-movers and many more! And to all those who came and enjoyed our events -----  
**THANK YOU ! AND HAPPY NEW YEAR !**

**Jeanne O'Reilly**



## Tostock Carpet Bowls Club

Very little to report – the Bury League games continue until the end of April. Two extra cup games are to be played against Barrow – to be played by the end of March.



### February

Thursday 2 – Cockfield – home  
Monday 6 – Barrow – away Bury Cup  
Thursday 16 – Thurston – home

### March

Thursday 9 – Stanningfield – away  
Thursday 16 – Barrow – home Bury Cup  
Tuesday 28 – Badwell Ash - away

The Suffolk County competitions have resumed after covid which some members have entered. Our Clubs weekly Thursday sessions are well supported – now with 21 members.

**Doreen Buckle**



## St Andrew's Church Tostock

### Benefice of Pakenham, Norton & Tostock with Great Ashfield, Hunston & Stowlangtoft

**Rector** Revd Katherine Valentine Tel 01359 235095

**Email** [kavalentine677@gmail.com](mailto:kavalentine677@gmail.com)

**Website** for more details of all our churches - including Tostock - see the national Church of England website [www.achurchnearyou.com](http://www.achurchnearyou.com)

Our benefice Church magazine is also available online at [www.vcnews.org.uk](http://www.vcnews.org.uk)



### Notice of Rector's sabbatical

I will be away from the benefice on sabbatical from 1st January 2023 until 27th March 2023. Part of that time I will be on Pilgrimage to the Holy Land and Jordan. I am very grateful to the Bishop for allowing me to spend this time away in prayer, reflection and exploration of the roots of our Christian faith. It is a very exciting opportunity.

I am also grateful to everyone in our churches and Deanery who will be holding the fort in the meantime; ministers, churchwardens and PCCs, and all others who have offered to help. If you have any query or concern during this time please contact your churchwardens in the first instance (details below) and if they cannot answer your question or help directly they will put you in touch with someone who can!

Churchwardens for Tostock are:

Jeanne O'Reilly - 01359 270337, Barney Harrison - 01359 270247

All our services will continue as usual, with the help of other clergy in the Deanery and Diocese, and of our own ministry team. The only service that has been changed is the early 8am communion at Norton on the 1st Sunday on the month. This will not take place during Jan/Feb or March and instead you are invited to St Mary's Walsham-le-Willows if you would like communion on these days.

Please say a prayer for me on my travels, and for all the good folk who help keep our churches the open and welcoming places that they are. Katherine.

### ALL THINGS KAGERA!

#### Family@Church 5th March - 9.30am for 10am start - St Mary's Pakenham

Come and learn about the people and school in our twin Diocese of Kagera in Tanzania, engage in their local skills and crafts and see how we can help with our prayers and in other practical ways.

This year the Bishops' Lent Appeal is for the Diocese of Kagera, and our Lenten support will be launched at this service.

### MOTHERING SUNDAY - LOVE YOUR MUM! (AND GRANDMA!)

#### and bring them to church to celebrate on 20TH MARCH 10AM ST ANDREW'S

This is a lovely family occasion for all ages, when however young or old we are we can say thank you to God for our Mums, Grandmas, and for anyone who has shown us a mother's love. Posies will be given out at all our services on this day.

All ages and families of any shapes or sizes welcome!

# St Andrew's Church Tostock

## FEBRUARY - MARCH 2023 CHURCH SERVICES

Our beautiful and ancient church is open every day for visitors and private prayer.

<b>FEBRUARY 5TH PRESENTATION OF CHRIST</b>		
8:00 am 10:00 am	Holy Communion Family@Church CANDLEMAS	Walsham-le Willows Pakenham
<b>FEBRUARY 12TH 2ND SUNDAY BEFORE LENT</b>		
<b>9:30 am</b> 9:30 am 11:00 am	<b>Holy Communion</b> Morning Worship Family Communion	<b>Tostock</b> Great Ashfield Pakenham
<b>FEBRUARY 19TH SUNDAY BEFORE LENT</b>		
9:30 am 11:00 am 11:00 am <b>6:00 pm</b>	Holy Communion (BCP) Family Communion Morning Worship <b>Evening Prayer (BCP)</b>	Pakenham Great Ashfield Norton <b>Tostock</b>
<b>FEBRUARY 22ND ASH WEDNESDAY</b>		
7:30 pm	Holy Communion with Imposition of Ashes	Pakenham
<b>FEBRUARY 26TH 1ST SUNDAY OF LENT</b>		
9:30 am 9:30 am 11:00 am <b>11:00 am</b>	TOAST Family Communion Holy Communion <b>Morning Worship</b>	Great Ashfield Norton Hunston <b>Tostock</b>
<b>MARCH 5TH 2ND SUNDAY OF LENT</b>		
8:00 am 10:00 am	Holy Communion Family@Church LENT—KAGERA!	Walsham-le Willows Pakenham
<b>MARCH 12TH 3RD SUNDAY OF LENT</b>		
<b>9:30 am</b> 9:30 am 11:00 am	<b>Holy Communion (BCP)</b> Morning Worship CMS Family Communion	<b>Tostock</b> Great Ashfield Pakenham
<b>MARCH 19TH 4TH SUNDAY OF LENT</b>		
9:30 am <b>10:00 pm</b> 11:00 am 11:00 am	MOTHERING SUNDAY SERVICE <b>MOTHERING SUNDAY SERVICE</b> MOTHERING SUNDAY Family Communion MOTHERING SUNDAY SERVICE	Pakenham <b>Tostock</b> Great Ashfield Norton
<b>MARCH 26TH 5TH SUNDAY OF LENT</b>		
9:30 am 9:30 am 11:00 am <b>11:00 am</b>	TOAST Family Communion Morning Worship <b>Morning Worship</b>	Great Ashfield Norton Hunston <b>Tostock</b>

### Services at Romney Cottage, The Green, Tostock.

All are welcome to this informal worship where we sing and pray together for our village, and enjoy refreshments afterwards. Usually on the third Monday morning of the month at 10:00 am.

## Parish Council Representatives

Local councils are the oldest type of local authority in the UK and often known as the grass roots of local government as they are closest to the taxpayer.

Tostock Parish Council will have an election on May 4<sup>th</sup> 2023 if more than 9 candidates put their names forward. Notice of elections will be posted on 16 March and Mid Suffolk District Council electoral services will start taking nominations from that point. Tostock Parish Council should have nine members. Nomination papers will be sent out to clerks of parish councils from the district.

Parish councillors are vital to the community. They act as the eyes and ears of the village and ideally there will be councillors who represent all ages, background and interests. Training is given and can be on-line or in person.

To be able to stand as a candidate at a parish council election you must:-

- be at least 18 years old,
- be a British citizen, an eligible Commonwealth citizen or a citizen of any member state of the European Union,

and meet at least one of the following four qualifications -

- a. You are, and will continue to be, registered as a local government elector for the parish in which you wish to stand from the day of your nomination onwards
- b. You have occupied as owner or tenant any land or other premises in the parish area during the whole of the 12 months before the day of your nomination and the day of election.
- c. Your main or only place of work during the 12 months prior to the day of your nomination and the day of election has been in the parish area.
- d. You have lived in the parish area or within three miles of it during the whole of the 12 months before the day of your nomination and the day of election.

More detailed information and helpful advice, including nomination forms, are available on the [electoralcommission.org.uk](http://electoralcommission.org.uk) website – look for the parish council elections 2023 section.

### Councils and Councillors: What Do They Do?

It is not always understood what the various layers of local government are responsible for. There are three tiers of local government in Suffolk:

#### Suffolk County Council

- Suffolk County Council is responsible for the major services that are provided across the whole county. These include:
  - ◇ **Education:** Schools, community education, higher education grants
  - ◇ **Social Care:** Caring for the elderly, those with physical or learning disabilities, those with mental health problems, and children and families that need protection and support.
  - ◇ **Libraries & Heritage:** Lending books, CDs and videos; providing information and reference services; providing public access to IT; managing records offices and archives; supporting arts and museums.



## Parish Council Representatives

- ◇ **Highways Safety and Improvement:** Maintaining and improving roads and pavements; promoting and implementing road safety measures.
- ◇ **Transport:** Co-ordinating and supporting public transport.
- ◇ **Environment:** Waste disposal; maintaining footpaths and Rights of Way; conserving the countryside and public access to it; archaeological services.
- ◇ **Public Safety:** Fire and fire safety; Trading Standards.

### 5 District and Borough Councils In Suffolk

These provide services in their local areas, such as -

- ◇ Environmental Health
- ◇ Housing
- ◇ Planning/Building Control
- ◇ Waste Collection
- ◇ Licensing
- ◇ Leisure & Tourism
- ◇ Electoral Registers
- ◇ Pest & Dog Control

### 372 Parish and Town Councils in Suffolk and 56 Parish Meetings

These have responsibilities only in their immediate area and sometimes with other councils for the likes of -

- ◇ Allotments
- ◇ Bus Shelters
- ◇ Cemeteries
- ◇ Public Open Spaces and Playing Fields
- ◇ Planting and Maintaining Road Verges
- ◇ Village Halls and Community Centres

### The Role of Local Councillors

County, District and Parish Councillors have a representative role but will deal with different issues as detailed above.

Although each council is different and each councillor will perform a slightly different role, what follows is designed to give you a taste of what local councillors do -

#### Elected Representatives

For many people their local councillor is first and foremost their elected representative; many believe that the most important role for their councillor is to “listen to the views of local people.” This means that councillors are involved in their local communities on a daily basis. They are available for local people to contact them for help with their needs, problems and concerns and through this they represent local people’s views within the council. This might mean acting as a spokesman on a specific issue that impacts on the environment or life of the community; making enquiries on behalf of individuals or groups to secure proper services or benefits; or lobbying for funding or support for local voluntary groups. This role as a local representative is one that has been strengthened recently as part of the modernisation of local government; the intention is that councillors will spend less time in council meetings and more time in their local communities.

## Parish Council Representatives

### Collective Decision Makers

Councillors have overall responsibility for the work of the council, for its strategies and policies and how well it delivers its services. There are committees that deal with a council's quasi-judicial functions,

### Representatives of the Council

Councils work extensively with a wide range of other organisations. Many of these are charitable or voluntary bodies that require or request representation from local councils and so councillors will be nominated and appointed to sit on their management boards. In addition, councillors are expected to take an active part in developing partnership working with other bodies to help deliver services. There is also now an onus on local councils to consult with their constituents on a variety of issues and councillors are often involved in this, garnering the opinions of local people and listening to their points of view, making sure these are taken into account in the decision making process.

### Members of Political Parties:

Most councillors, although by no means all of them, are members of political parties and organise themselves into political groups on the council in which they serve. As such they will express the values and support the policies of the political group to which they belong.

It is rare for a Parish Council to have 'political' members.

### Commitment and Remuneration

For the County and District councils the remuneration for the role is set by an Independent Remuneration Panel. As part of their research they will look at the number of hours per month that the members spend on council business, including attending meetings (including political group meetings), doing work related to their constituencies or to the outside bodies to which they had been nominated, reading relevant documents and other relevant activities.

Councillors are expected to take an active role. This includes attending any parish or town meetings, other community group meetings and community events. In addition to the community role they will have a councillor role and are expected to attend council meetings – full council and any committees that they may have been nominated for. There are also 'outside bodies' – other groups that the council is represented on.

Parish Councillors do not receive any remuneration for the time and effort that they give to their role. District Councillors, at MSDC, have a basic allowance of £5332 per annum – information on becoming a councillor and members allowances are available on the [midsuffolk.gov.uk](http://midsuffolk.gov.uk) website. Suffolk County Councillors have a basic allowance of £11,174.93 per annum – more information on basic allowances and special responsibility allowances is available on the [Suffolk.gov.uk](http://Suffolk.gov.uk) website,

**Jane Storey** ex Parish, District and County Councillor for Tostock

## The Gray Project

Review of **The Gray Project** gig at the White Horse Beyton on 5<sup>th</sup> November 2022

We were privileged to see the Gray Project play at the White Horse. This dynamic Octet led by drummer Billy Gray did not disappoint! They opened with a storming version of Hall and Oats 'I can't go for that' and followed by Gil Scott Heron's wonderful 'Lady Day'.



Heading up the vocals are Dawn Diaper and Dax Callner. The rest of the Octet are Mike Cameron (Bass), Davis Allwood (Keys), Emmerson Dutton (Guitar) and newcomers Jonathan Cushing (Saxophones) and Ollie Wyatt (Trumpet & Flugelhorn). If you enjoy Funk, Soul & Jazz they are not to be missed and their set included great numbers such as 'Get Down on Saturday Night' and Marvin Gayes 'What's going on'. Look out for where and when they play next . Don't miss it!

### John Parnum

STEM Ambassador and Music Lover



*Andrew Bingham*

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TREASURER/MEMBERSHIP - ELIZABETH DUNN  
SECRETARY - SUSIE WALTON

COMMITTEE MEMBERS -  
JOHN AND LIZ ADAMS AND NIGEL KAINES

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CHILDRENS MEMBERSHIP (U16S)	£5
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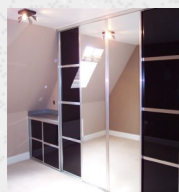
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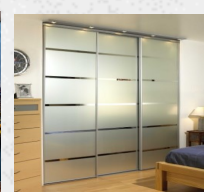
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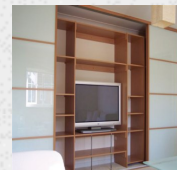


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I.T.



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# MOVEMENT IS MEDICINE

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Thurston IP31 3RU  
Monday 11:00am  
Tuesday 11:30am  
Thursday 5:00pm

Tostock Village Hall  
Norton Road  
IP30 9FT  
Wednesday  
11:00am



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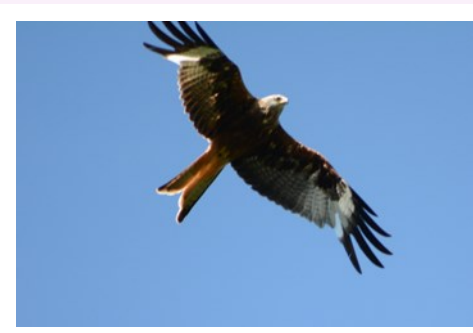
Covering Suffolk and surrounding areas.



It was so very sad indeed, that my neighbour Maureen had passed away, just a few months after losing her husband Derek. Maureen was a very strong constitutional person, serving on the Parish Council for many years, and also a member of TOADS. Her love and knowledge of birds was second to none, often filling me in with what's about in the garden. Her favourite bird being the Bullfinch. I was made to feel very humble when Maureen came along to one of our Community Barn Owl Project ringing sessions courtesy of Samantha Bowman at Park House. Here is my tribute to Maureen, such a likeable person holding one of the Owlets and of her favourite bird.



2 or if not 3 people have recently pulled me up in the street to tell me they have seen the Red Kite overhead in the sky here in Tostock. I am not doubting them one bit because I myself have seen it also. I have to thank Judith from Norton Road because it was within a conversation with her that she made me aware of this most magnificent raptor. This all happened after she moved to Tostock from Oxfordshire a few years back now. She told me how common they were back there in her old county and that they were her favourite bird and it was her who encouraged me to think the same. I had never seen one until just recently after she told me where to go to find them, which was on top of Whatlington Hill in the Chiltern Hills. So I am making this my feature for this issue especially for Judith. Now lets take a look at the Red Kite.

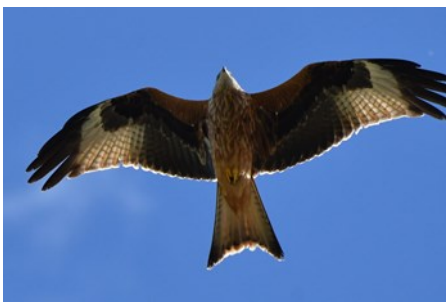


Here are 2 photographs I have taken of Red Kites.

They have a very long wing span which promotes lift, wing slots, (gaps between primaries) reducing turbulence around wing tips. Body and tail provide a small amount of lift on their own. Feet are kept well out of the way in flight. Slightly forked tail, has a high lift-to-drag ratio. It is also used to steer. The aerofoil shape back of wings gives lift – formed by the thick front edge of the wing and thinner back edge.

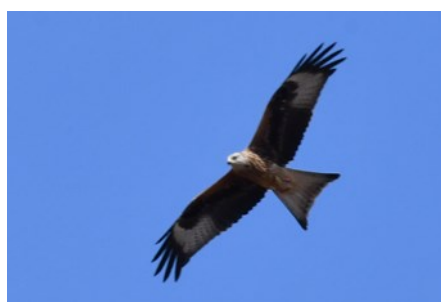
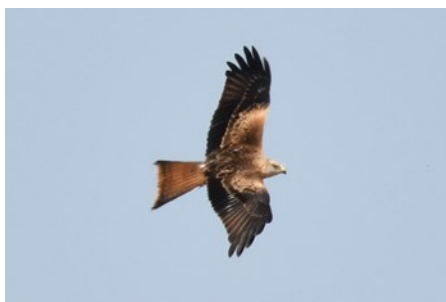
*Cont..*

Light bones – many bones have air spaces inside to be light and strong. The Red Kite is quite simply the most beautiful bird of prey in Britain. For that matter there is no other bird of prey across the length and breadth of the Kites range in Europe to rival its consummate aerial grace or the beauty of its plumage. For us in Britain there is the additional thrill in the knowledge that this a very rare bird. One clawed back against all the odds from the featheredge of extinction. But there is one other elusive quality surrounding the Red Kite for those lucky enough to have the instinct to sense it. Over in Wales, the precious remnant population of Kites is secure in the depths of a countryside which is itself steeped in mystery and secrecy, here a different language is spoken, visitors may not always be welcome and there is a feeling of intrusion, privilege, even of trespass for those who wander the remoter lanes and hillsides in the Kites domain. There is no doubt, however, that it is a bird which has a powerful appeal not only for the committed bird watchers but equally for interested general visitors to Wales, and there are over 11 million each year, or whom the sighting of the Red Kite represents a glimpse of what they had believed was the unobtainable. The Red Kite is a medium-large bird of prey with a body – plus – tail, length of over 60cm and long narrow wings with a span well in excess of 170cm. It takes its adjectival name from the glowing chestnut-red of its body plumage and upper tail surface.



Seen at close quarters these chestnut feathers are centrally streaked with dark brown. The Kite's head is pale greyish-white, again appearing streaked at short range as these feathers too have dark centres. When seen from above, as it wheels in the sunlight, the tawny upper parts are dominated by a broad crescent of white, curving across the inner parts of the wings. From below, the long, forked tail

is also pale grey with narrow bands on the inner webs, giving an overall barred effect, but the pattern of the Kite's underwing is most striking: the coverts are luscious chestnut brown, extending along the leading edge of the wings to the carpal joints, and behind them the secondaries are dark grey, banding with several darker bars and producing a dark trailing edge. It is the primary feathers which produce the startling contrast of colour. The long, fingered primaries are strongly tipped with black but their bases are extensively white to produce a vividly contrasting patch on the underwing, which is visible even at a considerable distance. No other bird of prey shows this pattern to the extent of dazzling contrast present on every Kite. The Kite's legs and feet are bright lemon-yellow,



often detectable in flight, and a hooded eye ringed with lemon, is the colour of burnished amber. Lets look at a few more of my photographs taken locally

*Cont..*

## CountryLife

Much of the time it spends in soaring, often for long periods, high above the valleys in which it lives. As it soars, the Kite gives a perfect opportunity for appreciation of its grace. Because it is disproportionately light for its large size, it floats and drifts with a lazy ease and buoyancy which no other bird, not even a Harrier can match. It can check and hold on the wing or pivot and pirouette with the fairy delicacy of a ballerina. As it swings around the light will suddenly catch its plumage and fire the russet red of the body and upper tail or highlight the translucent patches on the underwings and the white crescents above, at such a moment one never fails to catch one's breath or draw a gasp of appreciation. In Britain during the Middle Ages the Red Kite (*milvus milvus*) was a vital aid in public hygiene, feeding on garbage lying around towns and cities before it rotted, and so it was legally protected. As a result the Kite population grew to such numbers that they eventually needed to prey on domestic livestock for survival.

Cont..

## Mobile Library

The mobile library will be in Tostock on the following dates for March and April

March 24th	Perkins Way	15.40 - 16.00
April 21st	Gardners Arms	16.05 - 16.25

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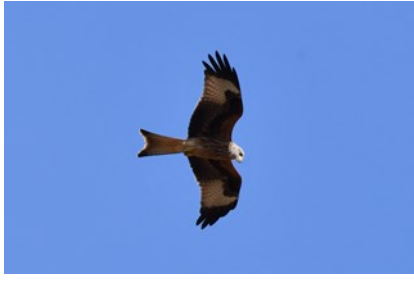
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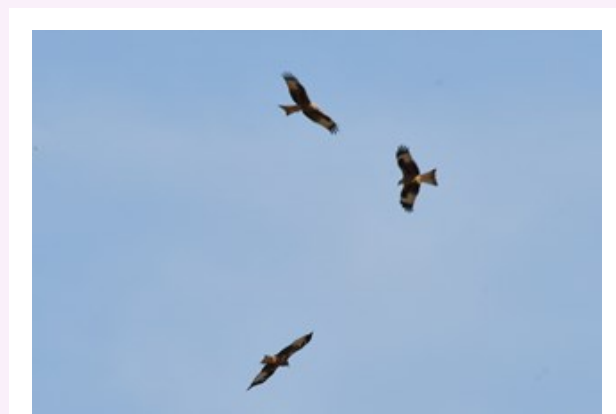
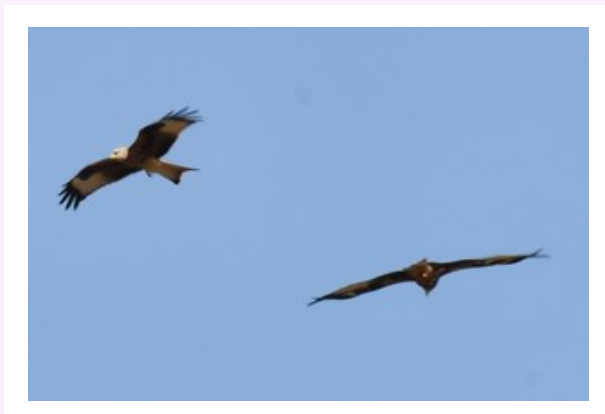




In the 16<sup>th</sup> century the government declared that the Red Kites were vermin and ordered that they should be killed throughout England and Wales. By the 19<sup>th</sup> century it was close to extinction in Britain, but a campaign started and at the time and much revised in recent years involving the introduction of new stock from mainland Europe has seen the population grow

back to viable levels. Unfortunately, there is still some persecution of these birds in some quarters. The bird is a carrion eater, but when the birds are seen eating a dead animal it is wrongly assumed that the Kite killed it. So instances of deliberate poisoning still goes on, in spite of education campaigns to eliminate this practise. Since the 1950's when the Red Kite was re-introduced into Wales it has slowly been increasing from the west across the country to the east and these last 10 years or so we are now beginning to see the benefits as they are now beginning to breed across Suffolk. Habitat and range – mixed woodland, farmland, moorland, resident in central Wales and now many places in England and Scotland. Hunting and prey – scans ground for prey from low flight or when soaring, swoops down to take small mammals and birds also carrion. Flight pattern – leisurely drifting flight pattern without flapping, constant twisting of the fork tail, which acts a rudder for steering. Deeply fork tail of adult helps to distinguish Kites from other birds of prey. Where to go and see them – one of the very hotspots to see them is at Ampton Estate.

Even as soon as tomorrow, if any of you intended to go to see them I can almost guarantee you not by 100% but by about 80% a good possibility of seeing them particularly late in the afternoon just before dusk. Most of the photographs shown were taken at Ampton between August and October last year. From Tostock take the road to the Bunbury Arms, Gt. Barton, cross over the main road to Gt Livermere on the way to Honington, go through Livermere and after about 2 miles turn left for Ampton where you see the pigs in the fields. There are a couple of triangles that you can drive around which end up at Ampton Hall. Just keep your eyes on the sky. Final conclusion - hope you enjoyed the article and good luck. We will end with a few more pictures.



## Contacts in our Community

### Tostock Parish Councillors

<b>Andrew Mellen</b>	<a href="mailto:andrew.mellen@midsuffolk.gov.uk">andrew.mellen@midsuffolk.gov.uk</a> County councillor
<b>Harry Richardson</b>	<a href="mailto:harry.richardson@midsuffolk.gov.uk">harry.richardson@midsuffolk.gov.uk</a> District councillor
<b>Graham MacDowell</b>	<a href="mailto:crispincottage@hotmail.com">crispincottage@hotmail.com</a>
<b>Marie Johansson</b>	<a href="mailto:oldhallstables@btinternet.com">oldhallstables@btinternet.com</a>
<b>Peter Boland</b>	<a href="mailto:peter.boland@gmail.com">peter.boland@gmail.com</a>
<b>Olivia Boland</b>	<a href="mailto:olivia@tostockanimalparks.co.uk">olivia@tostockanimalparks.co.uk</a>

### Village Officers

Tree Officer	<b>Vacant</b>
Footpath Officer	<b>Vacant</b>
Litter Picker	<b>Oliver Holland</b>

### Poor's Estate

<b>Sharon Markell</b>	01359 271190
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### St Andrews Church

Rector	
<b>Katherine Valentine</b>	<a href="mailto:kavalentine677@gmail.com">kavalentine677@gmail.com</a> 01359 235095
Church Wardens	
<b>Jeanne O'Reilly</b>	01359 270337
<b>Barney Harrison</b>	<a href="mailto:barneybees@hotmail.com">barneybees@hotmail.com</a>
Bell Ringers	<b>Sue Marriott</b> 01359 270143

### Village Hall

Chair	
<b>Graham MacDowell</b>	<a href="mailto:crispincottage@hotmail.com">crispincottage@hotmail.com</a>
Hall Bookings	
<b>Doreen Buckle</b>	<a href="mailto:tostocktvh@hotmail.co.uk">tostocktvh@hotmail.co.uk</a> 01359 270605

### Clubs

Bingo	<b>Diane Brewer</b> 01359 271127
Book Club	<b>Julie Harrison</b> 01359 270247
Brownies	<b>Krystie</b> 07975 556448
Carpet Bowls	<b>Doreen Buckle</b> 01359 270605
Cribbage	<b>Jim Langlois</b> 01359 270456
Crochet	<b>Sarah Reader</b> <a href="mailto:reader-family@tiscali.co.uk">reader-family@tiscali.co.uk</a>
Past & Present	<b>Anthony Scully</b> 01359 270482
Rainbows	<b>Krystie</b> 07975 556448
Tennis Club	
<b>Elizabeth Dunn</b>	<a href="mailto:ejd1@talktalk.net">ejd1@talktalk.net</a> 01359 270270
<b>Susie Walton</b>	<a href="mailto:susiewalton85@gmail.com">susiewalton85@gmail.com</a> 07793 406076

**NEXT EDITION**

## April 2023/May 2023

Please may I have your contributions on or  
before **15<sup>th</sup> MARCH**

preferably in word format, much appreciated.

[kim.mars84@gmail.com](mailto:kim.mars84@gmail.com)

07950 682 499

More details and the latest up to date information can be found on our village website.

[www.tostockpc.org.uk](http://www.tostockpc.org.uk)

## Community Services

**Emergency Police/Fire/Ambulance 999**

### Utilities

Energy power failures & Emergencies	08007 838866
Anglian water	08457 145145

### Health

Woolpit Health Centre	01359 240298
Out of Hours	111
West Suffolk Hospital	01284 713000
BMI Hospital	01284 701371
St Nicholas Hospice	01284 766133

### Advice

Relate	01284 767305
Samaritans (free call)	116 123
Drugs Hotline	0800 253 253
Citizens Advice Bureau	01284 753675

### Police

Non-emergency	101
Crime Stoppers	555

### Councils

Suffolk County Council	03456 066067
Mid Suffolk District Council	0300 1234000

### Education

Thurston Community College	01359230885
Norton Pre-school	01359 232736

### Pub

The Gardeners	
<b>Steve &amp; Jill Gardner</b>	01359 270460

### Leisure

Cineworld	0330 3334444
Theatre Royal	01284 769505
Apex	01284 758000
Picture House	01284 754477

### Travel

Bus Timetable	<a href="http://www.suffolkonboard.com">www.suffolkonboard.com</a>
Rail	0845 7484950
Dial a Ride	01440 712048

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