Apr / May 2024

381

Stock Chronicle www.tostockpc.org.uk

Get the latest on news and events, a digital copy of the Chronicle, and a village map, online



Mike O'Reilly (left) originally installed the Tostock Village sign 37 years ago, now he's helping remove it. John Walker (centre) provided the heavy duty machinery needed to break up the concrete base. And Adrian Malcom (right) is looking for buried treasure.

Coming Soon

Village Hall AGM - Tuesday, 23rd April 2024 - 7pm

Regulars

Coffee Mornings — Every 2nd Tuesday of the month from 10.30 am. In the village hall.

Past & Present — Every 1st Tuesday of the month from 7.30 pm in the village hall

Bingo — Every last Tuesday of the month from 2.00 pm in the village hall

Contents

Bell Ringers Dinner	2
A Village Thank You	2
Mobile Library	2
Past & Present	4-5
Carpet Bowls	5
St Andrews Church	6-8
Tostock Village Recorder	9
Open Archive Day	9
Village Hall News	14-15
It' a Dog's Life	16
CountryLife	17
Village Get Together	18
Contacts	19





Bell Ringers Dinner



On 22nd February, Tostock Bell Ringers past and present plus partners enjoyed a wonderful roast dinner at The Gardeners Arms. It was the first time we'd managed to get together, following lock downs and other restrictions since 2019.

Thank you Martin and Claire for making us so welcome and for the lovely meal, here's hoping we' be back soon.

Sue Marriott

A Thank You From the Malcom Family

In January Vanessa lost her long battle with Ovarian cancer. Throughout her illness our whole family, but particularly Vanessa, received wonderful support from our many friends and acquaintances in the Village. The support was invaluable and made a very difficult time so much easier than it might have been. That support was especially evident leading up to her funeral and the celebration of her life on February 1st. We were given great strength by seeing how many attended the Funeral service in the church and afterwards at the Village Hall.

Vanessa was always fully involved in village activities, believed a strong village community to be important and worked hard to ensure it was maintained. The celebration at the Village Hall exemplified the very best that village life could possibly offer. We were humbled by the offer from the Ladies of the Village to provide catering. It was a wonderful spread and a perfect backdrop to sharing happy memories. We have tried to thank everyone involved personally but I'm sure there are some we may have missed so this message is specially for you.

Thank you Tostock Adrian Malcom

Mobile Library

The mobile library will be in Tostock on **April 19th** and **May 14th** at the following times -

Perkins Way 15.40 - 16.00 Gardeners Arms 16.05 - 16.25

NEXT EDITION

June / July 2024

Please may I have your contributions on or before **15**th **MAY**

preferably in word format, much appreciated.

kim.mars84@gmail.com 07950 682 499

MEN TOGETHER (Aka: Tostock Dangerous Men's Club)

Inaugural Meeting – Tuesday 16th April 11am – 1pm @ Tostock Village Hall



A group of us feel that it would be great to form a secular, supportive, and inclusive monthly men's group, open to *all* Tostock males – providing a social network where men can get together to talk, relate, improve wellbeing, share experiences, skills – and have fun!

This could include planning jaunts and visiting places of mutual interest, even taking part in new 'adventures!' The possibilities are endless....

On Tuesday 16th April at 11.00 until 1pm at the village hall we are holding an informal inaugural meeting to discuss. Come along and have your say.

There'll be free fresh coffee, and Brett's <u>legendary</u> chorizo sausage rolls.

Look forward to seeing you!

More info: williamgray@graymatters.co.uk

Tostock Past & Present Society

TOSTOCK PAST & PRESENT SOCIETY

We are looking forward to some fascinating talks very much relevant to Suffolk.

Tuesday April 2nd 7:30pm



A Suffolk Bevin Boy, 1943-48 a talk by Barbara McElroy

Barbara McElroy is archivist and Treasurer of the National Bevin Boys Association. The talk follows the experiences of her Bevin Boy father as he leaves his rural life to be called up to serve in the mines. The talk gives the wider Bevin Boy story as well as including anecdotes from a number of Bevin Boys.

Enjoyable social evenings at Tostock Village Hall First Tuesday in the month at 7:30pm EVERYONE WELCOME

For more infomation please contact johnparnum@yahoo.com

TOSTOCK PAST & PRESENT SOCIETY

We are looking forward to some fascinating talks very much relevant to Suffolk.

Tuesday May 7th 7:30pm



Smallpox in Suffolk: fighting the pandemic in the 18th century a talk by Dr Jonathan Belsey

"For nearly a century prior to the introduction of Jenner's vaccination, inoculation for smallpox had been widely and effectively practised and, thanks to the actions of a Suffolk surgeon and his sons, thousands of East Anglians had been protected against this devastating disease long before Jenner published his famous paper. In this talk, we will explore the impact of smallpox in Suffolk in the 18th and 19th centuries, and see how Robert Sutton of Debenham and his six sons set about implementing the first truly effective public health intervention of the modern era"

Enjoyable social evenings at Tostock Village Hall First Tuesday in the month at 7:30pm **EVERYONE WELCOME**

For more infomation please contact johnparnum@yahoo.com



- St Andrew's Church, IP30 9PE
- Homemade cakes and refreshments
- Greeting cards and prints





Tostock Carpet Bowls Club

Doreen Buckle

We are coming to the end of the Bury Winter League - two home games are still to be played in April. At the moment we do not know what the final results will be. The League finals day is to be played on 5 May at Risby Village Hall when each club in the league can enter a team of four, also a pairs team and a single player.

April Thursday 4 Thurston Home 7:30

> Home 7:30 Thursday 18 Badwell Ash

If anyone hasn't tried carpet bowls they are welcome to come along to one of our sessions, carpet bowls is quite popular in our area. Please give me a ring on 270605.

St Andrew's Church Tostock

Benefice of Pakenham, Norton & Tostock with Great Ashfield, Hunston & Stowlangtoft

Rector Revd **Katherine Valentine** Tel 01359 235095

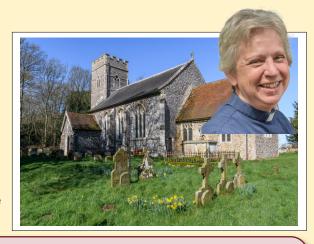
Email <u>kavalentine677@gmail.com</u>

Website for more details of all our churches - including

Tostock - see the national Church of England

website www.achurchnearyou.com

Our benefice Church magazine is also available online at www.vcnews.org.uk



Christian Aid Week 2024 - 12-18 May



Seven days, so many ways to make a difference.

Look out for the envelope coming through your door!

Every Christian Aid Week, people across Britain and Ireland raise funds, act and pray for their global neighbours in a celebration of hope for a fairer world.

This year's appeal runs from 12–18 May and is focusing on the organisation's work in Burundi, one of the most densely populated and poorest countries in Africa. Heavily reliant on agriculture, it's also one of the least prepared to combat the effects of climate change, including droughts, floods and landslides. The global cost of living crisis has intensified the challenges: more than 70 per cent of the population live in poverty and more than half of children are chronically malnourished.

Christian Aid has been working in Burundi since 1995 when it first offered humanitarian assistance to people surviving the civil conflict. Now, alongside local partners, the organisation helps establish Village Savings and Loans Associations (VSLAs). These community-led groups mean people can save and borrow money, making small businesses possible, offering reliable and diverse incomes so families can eat regularly, get medicine when they need it, and build safer homes.

For more information please contact your Christian Aid Representative Barney Harrison. Tel 01359 270247.

ALSO - Save the date! An event for Christian Aid coming up in Tostock....

THE JUBILATE CHOIR

Sunday 16th June Evensong 6pm at St Andrew's Church, Tostock.

We are very excited that this wonderful choir will be coming to visit us again to sing Evensong. Everyone is very welcome to come and join in the service and enjoy the beautiful music. There will be refreshments after the service and a collection for Christian Aid

CHURCH ANNUAL MEETING

Tuesday 23rd April at 7pm in St Andrew's Church

The Annual Parochial Church meeting elects the Churchwardens and PCC to serve our village church for another year. Everyone is very welcome to attend.

St Andrew's Church Tostock

APRIL 7TH	2ND SUNDAY OF EASTER			
8am 10am	Holy Communion (BCP) Family@Church CRESURRECTION	Norton Pakenham		
APRIL 14TH	3RD SUNDAY OF EASTER			
9.30am 9.30am 11am	Holy Communion (BCP) Morning Worship Family Communion	Tostock Great Ashfield Pakenham		
APRIL 21ST 4TH SUNDAY OF EASTER				
9.30am 11am 11am <mark>6pm</mark>	Holy Communion (BCP) Morning Worship Family Communion Evensong	Pakenham Norton Great Ashfield Tostock		
APRIL 28TH 5TH SUNDAY OF EASTER				
9.30am 9.30am 11am 11am	TOAST Holy Communion (BCP) Family Communion Morning Worship	Great Ashfield Hunston Norton Tostock		
MAY 5TH 6TH SUNDAY OF EASTER				
8am 10am	Holy Communion (BCP) Family@Church - RESURRECTION	Norton Pakenham		
MAY 9TH ASCENSION DAY				
7.30pm	Deanery Communion (everyone welcome)	Pakenham		
MAY 12TH	7TH SUNDAY OF EASTER			
9.30am 9.30am 11am	Holy Communion (BCP) Morning Worship Family Communion	Tostock Great Ashfield Pakenham		
MAY 19TH	PENTECOST			
9.30am 9.30am 11am 4pm 6pm	Holy Communion (BCP) Morning Worship Family Communion United Songs of Praise Evening Prayer & Praise	Pakenham Norton Great Ashfield Norton Playing Field Tostock		
MAY 26TH TRINITY SUNDAY				
9.30am 9.30am 11am 11am	TOAST Holy Communion (BCP) Family Communion Morning Worship Open daily for visitors and	Great Ashfield Hunston Norton Tostock		
	private prayer			

St Andrew's Church Tostock



In January 2022, the Suffolk Historic Churches Trust announced that they were giving grants for small projects to commemorate Queen Elizabeth's Platinum Jubilee later that year. The PCC was hoping to have a cupboard in Church for storage, so we applied ,with a design by carpenter Ali Everett .The SHCT very kindly gave us a grant of £3482, but we were asked to simplify the design by the Diocese to fit in with other items in the Church .After much discussion ,our patient carpenter produced a wonderful design which was accepted and work began . The finished cupboard can now be seen in Church, the Queen's dates and her cipher are beautifully carved on the doors. The PCC is delighted with the new cupboard and would like to thank Ali for his design and wonderful carpentry.

The Easter Day Service is a Family Festival Communion at 9:30 am. This is an early time, but the Tostock ducks will be hidden around the Church, just waiting to be found and exchanged for an Easter egg! The Church will be decorated on Saturday from 10am, the Easter lilies and Spring flowers will look beautiful, as we have had no flowers in Church during Lent.

Our Coffee Morning in April will be on Tuesday 9th at 10:30 in the Village Hall. Do come and join us, our numbers are increasing each month! The Church AGM is on Tuesday April 23rd at 7pm in Church - all welcome.

The Floodlights are sponsored for April by Sue Cattermole and family in loving memory of Terry.

Jeanne O'Reilly

Services at Romney Cottage, The Green, Tostock.

All are welcome to this informal worship where we sing and pray together for our village, and enjoy refreshments afterwards. Usually on the third Monday morning of the month at 10:00 am.

Next Meetings 15th April & 20th May at 10am



The Nightingale – not the most colourful of birds but more than makes up for it with its amazing song! Dawn chorus birdwatch on Saturday the 4th May 2024 Norton Water Meadows. Meet 6.30am Norton War Memorial

Living in Norton we are very fortunate to have some wonderful wild-life habitat right on our doorstep – one very special place for me are the water meadows along the Black Bourn river. On Saturday the 4th of May I'll be heading into the meadows to enjoy the sounds of bird song in full flow and wondered if anyone would like to join me? With a bit of luck, we will hear and see some of the amazing summer migrants like the Cuckoo, Turtle doves, Reed warblers, and my favourite, the Nightingale. It really doesn't matter if you don't know your Robin from your Raven, but if you fancy an early morning nature walk please let me know. I'll be leaving from the war memorial at 0630 on Saturday the 4th May- it will take about an hour and a half.

There is no charge but donations to St Andrew's Church Norton would be most welcome!

Please drop me an email at richardtrollope@live.co.uk if you would like to join me. Richard

Tostock Village Recorder

VACANCY OF TOSTOCK VILLAGE RECORDER

For the past 5 years I have taken on the role of Tostock Village Recorder, but have now resigned from this post due to moving later this year.

We now need a volunteer to take over my role as the Village Recorder.

Why is a Village Recorder required?

To record today's activities and be on the lookout for items of historical interest that might otherwise be overlooked or lost. These records will be of great use for future historians and of local interest.

What does the Village Recorder do?

How much a Recorder does is down to each individual and how much time they have at their disposal. The minimum requirement is to produce an annual report which summarises some of the events and changes that have taken place during the past calendar year. This is normally submitted in January/February to the Suffolk Local History Council who send it into the Suffolk Archives.

My own experience of being the village recorder has been producing an Annual Report taking photographs during the year of village events/activities as well as physical changes to the village. In addition, I have close contact with the Tostock Past and Present Society, the Tostock Chronicle, and help maintain the Tostock Archives which are held in the Village Hall. But how much one does is entirely up to you and the amount of time you have spare.

There is good support from the Suffolk Local History Council who are always available to give advice. In addition, there is a yearly Recorders Conference held in Elmswell where one can meet fellow recorders.

I have enjoyed this post and it has given me an insight to the village and it's history as well as introducing me to many of you. Whilst I am still in the village, I will continue helping in the Village Archives and will help to support the new Recorder if they so wish.

If you want to know more, please contact me on jimlanglois@btinternet.com

Jim Langlois

Tostock Open Archive Day



BY POPULAR REQUEST

TOSTOCK ARCHIVES OPEN DAY ON SUNDAY 14 APRIL AT THE VILLAGE HALL

10.00 am - 12.00 noon

Interested in the history of your village?

Then please come along, we have a vast collection on show of the past to the present day



Empower your community sustainably with BME Electrical & Mechanical Services Ltd.

Your Local Electrical experts. Our

expert Electricians deliver top-notch residential and commercial installations. All types of Electrical work undertaken, and we are NICEIC accredited for peace of mind.

We are also MCS - certified for solar panel installations so joins us in creating a brighter and greener future right here in our community. Contact us today for reliable, local expertise you can count on!

www·bme-electrical·com

Sales@bme-electrical·com Tel: 07512310396





1StopBlinds

- Made to Measure Window Blinds Specialists in and around Bury St Edmunds for over 35 Years -

STYLE, COMFORT, PRIVACY: UNVEIL YOUR HOME'S TRUE POTENTIAL WITH CUSTOM MADE WINDOW BLINDS

- ✓ Hassle-Free Measuring and Fitting Service

 - **Bury St Edmunds Factory Showroom**
- ✓ Guarantee on All Blinds

- **✓** Blinds Made Locally in Bury St Edmunds
- ✓ Local, Family Run Business
- ✓ Over 35 Years of Experience



WE SUPPLY AND INSTALL:

Wooden Venetian Fauxwood Venetian Blinds for Bi-Fold Doors **Roller Blinds** Roman Blinds Intu Blinds

Vertical Blinds Pleated Blinds Perfect-Fit Blinds Vision Blinds Conservatory Blinds **Motorised Blinds**



For Advice and a Free, No-Obligation Quotation Book an In-Home Appointment or Visit Our Factory Showroom at:

Unit 4, Brunel Business Court, Eastern Way, BSE, IP32 7AJ



Tel: **01284 761333**

Email: info@1stopblinds.co.uk Web: www.lstopblinds.co.uk



Tostock Annual Parish Meeting





Tuesday 9 April at 7.30pm in the Village Hall

Hear reports from the Parish Council, County and District Councillors about what they have been doing for the village in the last 12 months. Residents will be very welcome to ask questions and/or comment.

Village organisations are also invited to let residents know what they have been doing plus the meeting is an opportunity for anyone to raise anything they consider important to the people of Tostock.

All residents welcome - please come along

If you have any queries beforehand please contact the Parish Clerk: clerk@tostockpc.org.uk; 01359 241009





MOT and Servicing Centre

Car Sales

Van Sales

Motorbike Sales

Car Hire

Van Hire

All makes serviced & repaired MOT's at affordable prices

Opening times

Mon-Fri 8.00am – 5.30pm Sat 9.00am – 4.00pm

01359 271180

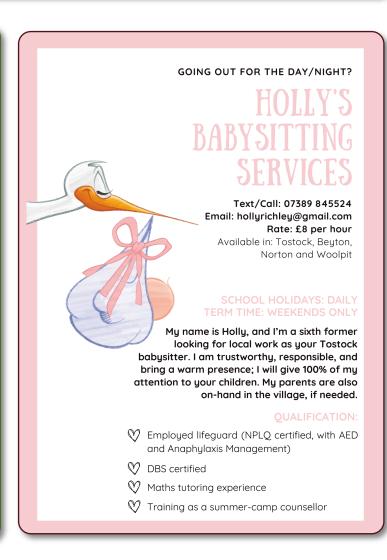
07850 788 889

GL Cars Limited

Place Farm, Church Road, Tostock IP30 9PG

Email gl.cars@btconnect.com

www.gl-cars.co.uk





RESIDENTIAL AND COMMERCIAL PROJECTS
EXTENSIONS AND ALTERATIONS
NEW BUILD AND CONVERSIONS
PLANNING APPLICATIONS AND LISTED BUILDING CONSENT
BUILDING CONTROL AND DETAILED DESIGN
PROJECT MANAGEMENT

aaron@31architecture.co.uk

07814251002

based in Tostock

31architecture.co.uk





Andrew Bingham

Dip. F.D. M.B.I.E.

ANDREW BINGHAM INDEPENDENT FUNERAL SERVICE

THE NUTSHELL, MILTON ROAD SOUTH, STOWMARKET, SUFFOLK, IP14 1EZ

www.stowmarketfunerals.co.uk

01449 771 666

CHIMNEY SWEEP

ECO SWEEP CHIMNEY SERVICES

- NEW POWER. SWEEPING METHOD USED FOR A MORE THOROUGH CHIMNEY CLEAN THAN BRUSHES.
- INDUSTRIAL HEPA FILTERED VACUUM.
- FULLY INSURED.
- INSURANCE RECOGNIZED CERTIFICATES ISSUED.
- SPOTLESS, RELIABLE AND FRIENDLY SERVICE.
- ALL CHIMNEYS, WOODBURNERS, AGA, BOILER FLUES SWEPT.
- GUILD OF MASTER SWEEPS CERTIFICATED MEMBER.





TEL. 01359 232335



TOSTOCK TENNIS CLUB

WELCOMES NEW MEMBERS

COMMITTEE 2023

CHAIRMAN- FREDDIE WALTON TREASURER/MEMBERSHIP - ELIZABETH DUNN SECRETARY - SUSIE WALTON

COMMITTEE MEMBERS -JOHN AND LIZ ADAMS AND NIGEL KAINES

MEMBERSHIP FEES 2022-23

FAMILY MEMBERSHIP £40
COUPLES MEMBERSHIP £25
ADULT (SINGLE) MEMBERSHIP £15
CHILDRENS MEMBERSHIP (U16S) £5
GUEST COURT FEES — ADULTS £2, CHILDREN £1

WE WOULD ENCOURAGE FEES TO BE PAID BY BACS BUT CASH AND CHEQUES ARE ALSO ACCEPTED

BANK DETAILS - ACCOUNT: 01082391 AND SORT CODE: 30-91-49
PLEASE STATE YOUR NAME AS REFERENCE

IF YOU WOULD LIKE ANY FURTHER INFORMATION ABOUT THE CLUB OR WOULD LIKE TO CONTACT US, CALL OR EMAIL -

ELIZABETH DUNN (01359 270270) - EJD1@TALKTALK.NET OR

SUSIE WALTON (07793 406076) - SUSIEWALTON85@ GMAIL. COM

Compass Pest Management



Farms
Pubs
Warehouses
Industrial
Restaurants
Domestic

Rats/Mice
Moles
Squirrels
Rabbits
Foxes
Bird Control
Insects/Bugs
Wasps/Hornets

Family run business with over 25 years experience, priding ourself on a professional and friendly service.

Available 7 days a week.

Contact Robert for a free quote on 07544 367645.

compasspest@hotmail.com

Covering Suffolk and surrounding areas.

Tostock Village Hall News

The Village Hall Committee held their last meeting on 23rd January 2024. Our next meeting, will be held on **Tuesday**, 23rd **April 2024** and will include our **Annual General Meeting** – this is an open meeting for all to attend. Please see the notice below for more information and we hope to see you there! In the meantime, may we wish everyone a Happy Easter.

If you have any matters relating to the village hall or its playing fields that you would like to be discussed at our meetings, please email tostockvillagehall@outlook.com For all booking enquiries please email tostocktvh@hotmail.co.uk



Tuesday, 23rd April 2024 - 7pm

Tostock Village Hall Committee Annual General Meeting

Come along and join us for a glass of wine at the Village Hall on Tuesday, 23rd April and find out more about our exciting plans.

The Village Hall's AGM is the ideal opportunity to find out more about the work which is being done to maintain and improve the village hall and its outside area. We have four meetings a year which are kept informal, often discussing future fundraising & many other sociable aspects of village life.



Our Village Get together

it was lovely to get together to enjoy good company and a tasty lasagne lunch on a bright Spring day in early March; perfect weather for those that chose to walk together before the lunch too. The food was kindly funded by a Living Well in Winter Grant which was provided to the Village Hall Committee by Mid Suffolk District Council. Additional money from this fund is also being made available to our various community groups using the hall.

Many thanks to all who helped with the day.



If you planted and are nurturing one of the Jubilee Trees at the Village Hall Playing Fields.....Please Remember that they will need to be watered regularly from Spring through to Autumn again this year.

Young trees use up a lot of energy trying to establish their roots in the soil, so need our help in the first couple of years.



PLAY AREA GROUND SURFACE IMPROVEMENT WORK IN HAND

Tostock Village Hall Playground Maintenance – the work to improve the ground surface at the back of the playground is currently in progress. Hopefully by the time you read this, the work will be complete and the playground will be fully opened. A big thanks to the team of volunteers for carrying out this work.

Tostock Village Hall News (cont..)

Village Hall Improvement Project

We are really pleased to report that planning permission has been approved for the application that we submitted for the hall.

This approved wish-list of improvements that we would like to make to the hall will now need to be progressed by applying for Building Regulations. Building regulations detail the technical standards set down by the Government to make sure all improvement work is



carried out to reasonable standards, covering areas such as fire safety, energy consumption and accessibility.

If you have any questions regarding the improvements that we hope to make to the hall, please do not hesitate to email us via tostockvillagehall@outlook.com



Sadly, the Village Hall Committee has recently received a number of complaints from users of the hall's playing fields, who have felt intimidated by two black dogs who are being allowed to roam off their leads whilst being walked.

We kindly ask ALL to respectfully remember to

KEEP DOGS ON LEADS AT ALL TIMES

when walking through or using Tostock Village Hall's paths and playing fields with their dogs.





The local solution to all your motoring needs

Open 6 days a week

MOT Testing

Tyres - Exhausts - Servicing - Bulbs Diagnostics - Clutches - Cambelts -Batteries - Wipers - Mechanical Repairs -

Wheel Alignment - Loan Car

Friendly and Qualified Staff and much more!

Credit and Debit cards accepted

01359 230097

Andys Auto Fix, Woolpit Road, Norton, IP31 3LU

Tostock Village Hall

Your Local Venue

- Competitive Rates of Hire
- WiFi available
- Round Tables
- Insured for up to 120 people
- Good Parking
- Marquees available for hire

Contact Doreen Buckle 01359 270605

or email tostocktvh@hotmail.co.uk
to reserve it for your event



Foot Health Practitioner

Camilla L Burt

BSc Podiatry, MAFHP, MCFHP

Providing friendly, professional foot care in the comfort of your own home

-Callus/Corns

-Thickened/Fungal Nails

-Ingrown Toenails

-Heel Fissures

-Verrucae

-Diabetic Foot Care

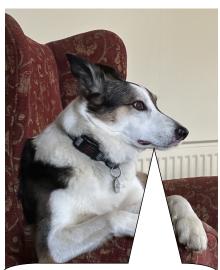
Tel: 07873 960 858

Shear & Beer



It's a dog's life

The Speed Limit



The 20mph speed signs have finally been installed





D. Poole Number 55



I am so sorry, no fault of my own, but from now on in my articles I will have to be simply, just short and sweet. I really do hope you all enjoyed the story about Spike. As a follow up from the last article, I thought we'd take a closer look at the Pine Marten (Martes-Martes), this most adorable and rather cute looking mammal.

By 1800, due to loss of woodland cover, Pine Martens were rare in many lowland areas of Gt. Britain and Ireland, hunting and trapping by game keepers reduced numbers further through the 19th and early 20th centuries, and today are still very rare. Pine Martens are

agile, cat sized mammals, with dense, lustrous, chocolate brown fur and a distinctive creamy/ yellow patch on their chest and throat. They are solitary and secretive, and mostly nocturnal, although in Summer are often active around dawn and dusk. They are skilful climbers and spend much of their time in trees, moving quickly between branches.



Did you know they can leap up to four meters between tree branches and are adapt at landing on their feet, unhurt, from heights of around twenty meters. But they mainly hunt on the ground. During the day, Pine Martens rest on branches or in hollow trees, bird's nests, or in burrows amongst rocks, they are also good swimmers. They have large territories that they mark with their droppings, which are often positioned in prominent places, such as the top of rocks, as a sign to other Pine Martens. Head body length 36-55 cms. Tail length 20-25 cms. Weight 1.3-1.9 kg. Lifespan up to twelve years. Reproduction - Mating occurs in late Summer and females usually give birth to two kits or cubs in April or

May the following year. The young are born naked and blind, their eyes opening at five to six weeks. They leave the den at about three months. Pine Martens do not successfully breed until between two and three years old, which means that populations are slow to increase.



Their diet is mostly voles and mice, but also rabbits, small birds, bird's eggs, berries and insects, not forgetting people's poultry. Habitat. Woodland or more open ground with pockets of tree or scrub cover. In Scotland, natal dens are often in the roof spaces of buildings. It had been known for people to get them in their lofts and attics. Fox and Golden Eagle maybe the main predators. Threats - Habitat fragmentation. Status & Conservation. Native, locally common in parts of Scotland, but very rare in England and Wales. They are a priority species in the U.K. Bio Diversity Action Plan and have been fully protected since 1988 under schedule 5 of the Wildlife and Countryside Act 1981.

Population size and distribution – Scotland 3,500. Fewer than 100 in either England or Wales. In Scotland, their distribution is mostly confined to the North West, and the population is expanding into Grampian, Tayside, central and Strathclyde regions. In England and Wales, records are concentrated to the North West of the Humber-severn axis and the population seems to be being maintained by breeding rather than new releases or escapes of captive individuals. It is my own personal wish before time runs away from me to see them breeding or re-introduced here in East Anglia. What a delight these Pine Martens are. Perhaps one day in the future it could be possible to see a Pine Marten here in Thetford Forest.

Tostock Village Get Together



A good time was had by all at the village get together, and the free food was icing on the cake (which was also free). Well done to the Village Hall committee who did all the work to make this wonderful event happen.









Contacts in our Community

Tostock Parish Councillors

jane-storey@btconnect.com Jane Storey (Ch) roger.cross64@icloud.com **Roger Cross** tostock.design@btinternet.com David Blundell (VH) Sarah Cobbold (Poors) sascobbold@icloud.com Michael Bauly (Poors) mikebauly@btinternet.com **Paul Callow** paul callow@hotmail.com Julian Kearsley juliankearsley@btinternet.com Glenn Lebbon glenn@oakparkproperties.co.uk

Village Officers

Parish Clerk Doug Reed clerk@tostockpc.org.uk

Tree Officer Vacant
Footpath Officer Roger Cross
Litter Picker Oliver Holland

Poor's Estate

Sharon Markell 01359 271190

St Andrews Church

Rector

Katherine Valentine kavalentine677@gmail.com 01359 235095

Church Wardens

Jeanne O'Reilly 01359 270337

Barney Harrison barneybees@hotmail.com

Bell Ringers Sue Marriott 01359 270143

Village Hall

Chair

Graham MacDowell crispincottage@hotmail.com

Hall Bookings

Doreen Buckle tostocktvh@hotmail.co.uk 01359 270605

Clubs

Bingo	Diane Brewer	01359 271127
Book Club	Julie Harrison	01359 270247
Brownies	Krystie	07975 556448
Carpet Bowls	Doreen Buckle	01359 270605
Cribbage	Jim Langlois	01359 270456
Crochet	Sarah Reader reader-family@tiscali.co.uk	
Doct 9 Drocont	John Darnum	

Past & Present John Parnum

Rainbows Krystie 07975 556448

Tennis Club

Elizabeth Dunn ejd1@talktalk.net 01359 270270
Susie Walton susiewalton85@gmail.com 07793 406076

Village Map

https://tostockpc.org.uk/our-village/tostock-village-map/

TostockPC Website

Tom Whitman tostock.website@gmail.com

Chronicle Advertising

Parish Clerk clerk@tostockpc.org.uk

More details and the latest up to date information can be found on our village website.

www.tostockpc.org.uk

Community Services

Emergency Police/Fire/Ambulance 999

Utilities

Energy power failures

& Emergencies 08007 838866

Health

Woolpit Health Centre 01359 240298
Out of Hours 111

 West Suffolk Hospital
 01284 713000

 BMI Hospital
 01284 701371

 St Nicholas Hospice
 01284 766133

Advice

 Relate
 01284 767305

 Samaritans (free call)
 116 123

 Drugs Hotline
 0800 253 253

 Citizens Advice Bureau
 01284 753675

Police

Non-emergency 101 Crime Stoppers 555

Councils

Suffolk County Council 03456 066067 Mid Suffolk District Council 0300 1234000

Education

Thurston Community College 01359230885 Norton Pre-school 01359 232736

Pub

The Gardeners Arms

Martin & Claire Page 01473 354 758

Leisure

 Cineworld
 0330 3334444

 Theatre Royal
 01284 769505

 Apex
 01284 758000

 Picture House
 01284 754477

Travel

Bus Timetablewww.suffolkonboard.comRail0845 7484950Dial a Ride01440 712048

The **Tostock Chronicle** is a bi-monthly newsletter for the people of Tostock, published by the Tostock Parish Council, and partially funded by advertising



Tostock Village Hall Lottery - 100 Club

Your chance to win up to £250 every 3 months in a village prize draw!

Great news. We now have planning permission for the wish list of work to improve the Village Hall.

To make this wish list happen, we will need considerable funds, and the intention is to raise as much of this money as possible through local and national grants, as well as working in close partnership with the Tostock Parish Council. However, alongside this, it is also vital for us to increase our community fundraising efforts and as part of this, we would like to share with you our exciting plans to set up a Tostock Village Hall Lottery -100 Club!

The Tostock Village Hall Lottery will have –

- Quarterly draws in September, December, March & June;
- Entries fixed at £13 per quarter (equating to £1 per week);
- Six quarterly prize payments provided we can attract 100 entries, each quarter the lottery will pay
 out a first prize of £250, with further prizes of £150, £100, £75, £50 and £25. This means that half
 of the lottery money is given out in prize funds, with the other half going towards the village hall
 improvement project.
- PLEASE NOTE, until we can get 100 participants the above prize amounts will be reduced so that every draw we will still give six cash prizes which equate to 50% of the money taken in.

Entries will be open all year round, and when you join you will automatically be included from the next quarterly draw. The draw will be open primarily to Tostock residents (aged 16 years and over), however friends or family from outside the village who are over the age of 16 can also enter. You will also be able to have multiple participants from each house-hold, indeed you can request multiple entries in the same name.

The necessary administrative procedures, including the required local government licence, are currently being put in place to run this lottery. Once this is in hand, the Tostock Village Hall and Tostock Village Facebook pages will provide information on how to enter, as well as a leaflet drop to all houses.

In the meantime, please email <u>tostockvillagehall@outlook.com</u> if you have any questions or would like to put your name down to receive the entry information electronically as soon as it is available.

